



www.pslstrive.org

STRIVE Newsletter

VOLUME 14 ISSUE 7

JULY 2014

Congrats STRIVE U Class of 2014 & Welcome 2016!

Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

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Congratulations to the STRIVE U Class of 2014! Your hard work as paid off! Best of luck in the future!

Photo courtesy of Tim Byrne Photography



We are pleased to welcome the STRIVE U Class of 2016 to campus!

The seven new students along with a teaching assistant had the opportunity recently to take a Lucky Catch cruise.

Camp!



****Camp Sessions still open: July 1st - August 29th****

****Camp time: 9am-5pm****
(Early drop off available at 8am)

Cost is \$45/day, \$200/week (\$25 savings per week!), \$35 extra per week for early drop off

Registration, Calendar and Scholarships now available !

<http://www.pslstrive.org/camp>
hguglielmo@pslservices.org 207-774-6278

Scooter Raffle!



This Scooter could be YOURS! We're doing a scooter raffle to benefit STRIVE!

\$20 for 1 ticket/ \$50 for 3 tickets

Only 300 tickets will be sold!

2013 Tangerine Genuine Buddy Scooter with 300 miles, 49cc

****Big Thanks to Portland Police Dept for donation the scooter!**

Contact Heather 207-774-6278
hguglielmo@pslservices.org

STRIVE NEWS

News From Next STEP!

June was such a fun and educational month in Next STEP! For our community navigation portion of the curriculum, the participants researched how to get to downtown Portland by the Metro as well as how much to budget for a round trip. Then, each Wednesday, they took the bus to Monument Square where they explored the Portland Public Market and compared prices of items there to those that might be purchased at Hannafords. Additional Metro trips to explore the downtown will be scheduled throughout the summer.

Next STEP also recently took a tour of EcoMaine which is the largest recycling facility in Maine. We learned what single-sort recycling means and what happens to the things that we recycle. When we saw all of what is recycled (approx. 35,550 tons annually!!) it helped us to have a better understanding of the importance of doing our part.



In addition to our regular curriculum-based activities of volunteering, exercise and the M.O.G., and our weekly food lab, Next STEP is taking advantage of the beautiful weather. Upcoming trips and activities will include: a trip to Mackworth Island in Falmouth, taking in a Sea Dogs game, a beach scavenger hunt and so much more!

As you are making plans for your fall schedule, Next STEP is a great option offering quality curriculum

for those that are on a waiting list for other services, in combination with other services or for those who may not qualify for other service.

Please contact Betsy Morrison at 207-774-6278 or bmorrison@psslservices.org if you would like more information regarding Next STEP or would like to schedule a tour. Part-time and full-time options are available.

STRIVE Bayside Update

It has been an exciting month at Bayside! We welcomed two new participants (one in the AM, one in the PM) and a new staff member! It's great seeing our group continue to grow. We also had our first ever Bayside Graduation! It was held on June 20th on the patio at Back Bay Towers. Everyone contributed to the meal and had a great time doing so! We all miss Bennett, but are so excited for him and his new adventures.

STRIVE Bayside is a program for those hoping to learn independent living skills such as cooking, cleaning, navigating the community, budgeting and more. Though our group is growing, we still have space for a few more participants in the afternoon session (1pm to 5pm)! And remember, it is not too early to apply to begin in the fall!

For more information or to schedule a tour, contact Katelynn Davis at 207-899-1725 or kdavis@psslservices.org or Betsy Morrison at 207-774-6278 or bmorrison@psslservices.org.



Get Involved!

Volunteers Needed!		
<p>STRIVE for 5 Foden Road 5K & Block Party September 6th 2014</p> <p>Time: Varying 8am– 11am Jobs: Course Set Up, Registration, Water stops, Flaggers, Clean Up Crew & more</p> <p>Please contact Heather at hguglielmo@pslservices.org</p>	<p>STRIVE’s 10th Annual Auction Committee Meetings Last Wednesday of Month at 5:30pm</p> <p>~~~~~</p> <p>STRIVE’s 15th Anniversary Committee Meetings coming soon! STRIVE’s 15th Anniversary Party is set for January 24th 2015</p> <p>Please contact Heather</p>	<p>Tweens & STRIVE Nights Every Friday Tweens: 3:30-5:30pm STRIVE Night: 6pm-9pm</p> <p>Please contact Heather at hguglielmo@pslservices.org</p>

Thank You to Our June Supporters!

Margaret & Craig Wilson
 Corin Swift/Rafael Adams
 Janet & Michael Collins
 Frederick & Phyllis Kilfoin
 Allan McHale
 Disability RMS
 Jobs for Maine Graduates
 Neil Christian Buitenhuys
 KeyBank
 William & Susan Clifford

Questions, Comments, or Concerns – Contact Our Staff!

<p>Michael Faust PSL Services Executive Director mfaust@pslservices.org</p> <p>Peter Brown STRIVE & STRIVE U Program Director pbrown@pslservices.org</p> <p>Heather Guglielmo STRIVE Program Manager hguglielmo@pslservices.org</p> <p>Jenny Castiglione STRIVE Special Projects Coordinator jcastiglione@pslservices.org</p> <p>Betsy Morrison STRIVE U and Next STEP Program Manager bmorrison@pslservices.org</p> <p>Katelynn Davis STRIVE Bayside Coordinator kdavis@pslservices.org</p>	<p>Bill Hughes STRIVE/STRIVE U Programs bhughes@pslservices.org</p> <p>Sarah Thurston STRIVE U Transition Coordinator sthurston@pslservices.org</p> <p>Erin Berg STRIVE U Admissions Coordinator eberg@pslservices.org</p> <p>Katie Collins STRIVE U Student Life Coordinator kcollins@pslservices.org</p> <p>MaryAnn Schwanda STRIVE U Employment Coordinator mschwanda@pslservices.org</p> <p>Katie Church STRIVE U Education & Training Coordinator kchurch@pslservices.org</p>
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4th of JULY

July's Theme Night:

4th of JULY!

**Join STRIVE on July 11th
to celebrate summer!**

**Wear Red, White & Blue!
Contests, Friends, and FUN!**

**Tweens: 3:30-5:30pm
STRIVE Night: 6:00-9:00pm**

Prizes, Snacks & Tons of Fun!

STRIVE Member Spotlight:

Haley Pass



How old are you? 21 (turning 22 in August)

Favorite Movie? Twilight Saga and
Harry Potter 1-7

Favorite Color? Pink

Favorite Holiday? Christmas

Coollest Activity at STRIVE This year?
The Dance Marathon 2014

Dream Job? Web Designer

Talents? Excellent in working out computer
problems



July Birthdays



Matthew Poland
Thomas Belanger
Wellyn Pinkerton
Taylor Googins
Nolan Dorrance
James Belanger
Tyler Carr
Joanne Haibon
Ashley Christy
Darren Ingraham
Dan Pietroskil
Tim Carter
Amanda Lee Byars
Patrick Madison



Wednesday Night Classes



July 19th—Sept 17th
Wednesday Night Education Class 6:00-8:00pm

Healthy Relationships Taught by SARSSM
The first class will be for parents and guardians if they
have any questions.

FMI contact: Jenny at JCastiglione@pslservices.org or
call 207-774-6278

TWEENS Schedule of Events

Are you between the ages of 11 and 14? Are you looking to make new friends?
Then join us every Friday afternoon from 3:30 to 5:30pm at the STRIVE Center!
Cost is \$10 - See you on Friday!

June 4th - STRIVE is Closed! Happy 4th of July!

July 11th - UNUM Games & Crafts & 4th of July Theme-Wear Red, White & Blue!

July 18th - Tie-dye Shirts & Floor hockey game!

July 28th - Children's Museum: Meet the turtle exhibit & South Portland Fire Department Visits!

Feel free to contact Jenny at STRIVE at 207-774-6278 or email at jcastiglione@pslservices.org with any questions about our Tweens Program!

STRIVE Couch-to-5K

Ever wanted to do a 5K?
Come to the STRIVE Couch-to-5K Kickoff event Tuesday
July 8th @ 5:30pm @ STRIVE!

- *Info Sessions by professionals each week & group run
- *Buddy Sessions twice a week
- *Fun "Couch Photos" (Before) & "Finish Line Photos" (After)
- *Only \$10!

Goal is to do STRIVE for 5 Couch-to-5K on Sept 6th as a group!

Bring a buddy/find a buddy/share with friends!
Contact Heather: 207-774-3278 hguglielmo@pslservices.org

Save The Date!

We hope you will join us for the STRIVE Post-Secondary Weekend this fall.

The weekend-long seminar will be held October 3rd – 5th at Camp Tall Pines in Poland, Maine. You will have the opportunity to learn more about our STRIVE U, Next STEP, Bayside programs.

The cost is \$169 if you register before August 1st. \$199 after 8/1.

Please contact Erin Berg at 207-774-6278 or eberg@pslservices.org for more information.

Upcoming Meetings & Events

Kiwanis Aktion Club

July 9th & 23rd
3:30pm

Member Advisory Board Meeting

July 11th & July 25th
5:30pm

STRIVE Couch-to-5K (STRIVE C25K) Kickoff

July 8th
5:30pm @ STRIVE

STRIVE For 5: Foden 5K & Block Party

Sept 6th
8am-11am

STRIVE Post-Secondary Weekend

Oct 3rd-Oct 5th: Camp Tall Pines

STRIVE's 10th Annual Auction

Theme: From the Coast to the County
Nov 5th: Ocean Gateway

STRIVE 15th Anniversary

Jan 24th 2015

2014 Wednesday Night Educational Class Schedule

July 9th-Sept 17th: Healthy Relationships: Series taught by SARSSM about healthy relationships, the theme is, "it's my body, my choice" which drives home that students are the boss of their bodies and their space. Covering a range of topics including: sexuality, puberty, anatomy, reproduction, birth control methods, safer sex, communication skills, healthy flirting and sexual harassment, sexual abuse and assault, healthy relationships, dating violence, consent, and sexual feelings. We are hopeful that parents/guardians/caregivers will reinforce the lessons learned in class at home.



October 1st –October 29th: Into to Computers: Do your computer skills need some tuning? From Microsoft, Excel, Searching the web, Social Media and more.

November 12th-November 19th: Public Safety: Mini Series on Public Safety and their will be speakers from the local police department to talk about being aware in public, internet safety, and more.

November 26th-December 17th: Money Management: This series will give students the opportunity to learn about money, money management, checking & savings accounts, and balancing check books.

Email or call Jenny to sign up or with questions:

Jcastiglione@pslservices.org 207-774-6278

STRIVE FOR 5 FODEN ROAD 5K

September 6th 2014 @ 8am

Communities are stronger when everyone is involved.

Please join us on Saturday, September 6th for a morning filled with fun for everyone! Starting at 8am, STRIVE will be hosting a 5K race/ walk that will begin at STRIVE and go into Texas Instruments Campus then out to Jetport Plaza road – circling back through to end at Kaplan.

To register for the race please visit www.pslstrive.org
Entry Fee is \$25 in advance. \$30 on race day, Kids 12 and under are free.

Immediately following the 5K– all are welcome to join in the neighborhood block party! This is a family friendly event that will include fun for all at Kaplan!

We hope you consider joining the Foden Road Neighborhood at this event!
To stay informed join the Facebook Event at: www.facebook.com/strivenation

For more information contact Heather at hguglielmo@pslservices.org or 207-774-3278.

STRIVE Pictures



Bayside loves Grocery Shopping!



Pete is getting the scooter ready for the raffle!

Camp Visited Eric's Pizza Cart!



Ian & Jack at Tweens with the Touch Tank



Bayside!



STRIVE Camp Pirates went to Boothbay's Windjammer Festival



STRIVE Camp heading to Peak's Island!

If you have photos that you would like to contribute and see in the STRIVE monthly newsletter or on the STRIVE Facebook page, please email them to Heather at hguglielmo@pslservices.org.



STRIVE
28 Foden Road
South Portland, ME 04106

Phone: 207-774-6278

Fax: 207-774-7695

Email: info@pslstrive.org

*Serving tweens, teens and young
adults with developmental disabilities*

www.facebook.com/strivenation

Twitter: @STRIVE_PSL

Instagram: STRIVE_PSL

Pinterest: STRIVEPSL

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Great News!



The Maine Mall and STRIVE have won an international award! Our partnership was recently recognized as one of four national winners of The International Council of Shopping Centers (ICSC) Foundation's U.S. Community Support Awards. The award comes with a \$5000 prize for STRIVE! Thanks to The Maine Mall for their continued support of the STRIVE Rocks Dance Marathon!