



www.pslstrive.org

STRIVE Newsletter

VOLUME 13 ISSUE 1

JANUARY 2013

2013 STRIVE Rocks! Dance Marathon



2013 STRIVE Rocks! Dance marathon at the Maine Mall Weekend

Title Sponsor: WEX Inc

Presented by MEMIC and Anthem Blue Cross Blue Shield

Mark your calendars now- you don't want to miss this year's event being held on March 2nd & 3rd! This year is sure to be the biggest dance marathon that Maine has ever seen! The Dance Marathon is moving to The Maine Mall and we are adding an additional day of fun activities in hopes to get more people involved! Join STRIVE on March 2nd starting at 9pm for the 12 hour, all night, STRIVE Rocks Dance Marathon. If you are unable to make the 12 hour marathon- then plan on participating in this year's Dance Day on March 3rd from 11am-6pm. Pledge packets are available at the STRIVE Foden Road office or visit STRIVERocks.org to download your packet today! Don't forget to set up your personal fundraising page by registering online at firstgiving.com/strive.

STRIVE is excited to announce that the STRIVE ROCKS Dance Marathon Weekend is brought to you by: THE MAINE MALL



Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

INSIDE THIS ISSUE:

- STRIVE U News 2
- Next STEP Update 3
- STRIVE Updates 3
- Get Involved 4
- Member Page 5
- Tweens 6
- Classes 6
- Members' Pages & Events 6
- Pictures 7

STRIVE NEWS

Apply Now for STRIVE U Class of 2015



Applications are now being accepted for STRIVE U Class of 2015. The STRIVE U application deadline is right around the corner. Completed applications and related paperwork are due February 1st by 4:00pm.

If you have any questions, please contact Erin Berg at 207-774-6278 or eberg@pslservices.org. For more information, or to schedule a tour please contact Erin Berg at (207)-774-6278 or eberg@pslservices.org.



STRIVE Bayside

Participants and staff have been very busy at STRIVE Bayside since the program began in September! We hosted a wonderful Open House in November for participants and their families, case managers and people wanting to learn more about the program. At STRIVE Bayside we are dedicated to expanding independent living capacity and community connections for people with developmental disabilities. During program we work on independent living skills including banking, budgeting, cleaning, laundry, menu planning, grocery shopping and much more!

The STRIVE Bayside program currently runs Monday through Friday from 9:00am -1:00pm in a three bedroom apartment in Portland and currently serves six young adults. We are excited to have another participant joining us in the New Year and have space for one more participant to join this group. STRIVE Bayside is now accepting applications for the September 2013 afternoon group. For more information or to schedule a tour, please contact Brianna McCabe at (207) 899-1725 or bmccabe@pslservices.org.



Next STEP Update



STRIVE Next STEP premiered their documentary on learning social skills in December. The movie premier was packed with friends and family who were eager to see Next STEP students engaging their new skills! “We made a social skills video *and* we tried out our skills at the party. We practiced greeting people and we also said thank you to the people who were coming.”- Next STEP Class. Next STEP students document their progress and activities in the program in personal blogs that can be found at STRIVE’s website: pslstrive.org. If you would like more information about applying to Next STEP or would like to schedule a tour, contact Peter Brown at 774-6278 or pbrown@pslservices.org.

Get Involved!

Thank You December STRIVE Supporters

Cyrus Haggee	Suzanne Keller
Henry Recknagel	Philip R Brown
Monica Recknagel	Pat Bailey
Allan McHale	Alex Agnew
Cynthia Larry Vaughan	Pat Bailey
Randall Orchards	Nicholas Vaughan
Robert Junkins	Debra Sinclair/John Cox
Shaw's Storytellers Club	Allan McHale
John & Carol Cagel	Mary Chris Semrow
Theodore Brissette	James Brown
Evelyn Brissette	Catherine Brown
Demosthenes Varipatis	Georgann Dickey
Angela Varipatis	Christine Laughlin
Andrew Sarapas	Anonymous

Wrap for a Reason: Thank You!

STRIVE would like to thank the volunteers who came out to The Maine Mall to Wrap for a Reason with STRIVE in December. We could not have done it without you! A special thanks goes out to Jon and Eva from The Coast 93.1 Morning Show for donating their time to wrap presents with STRIVE.



We are also grateful to The Maine Mall for this fundraising opportunity!
Thank You!

Easy Ways to Support STRIVE



STRIVE has started a "Legacy Program" and would be happy to discuss how to write in our organization into your planned giving account.



Follow Us on Facebook
Daily Updates
STRIVE Pictures

To stay connected visit:
facebook.com/STRIVENation



Can Redemption Program
Get a Green Bag at STRIVE & drop off your cans at a Hannaford Grocery Store. The deposits will go to STRIVE! Every 5 cents counts!



There's no reason not to. You search... We give!

Change your Search Engine
Change your search Engine to GoodSearch and pick STRIVE as your charity!

For each search you do, 1¢ is donated to STRIVE!

Questions, Comments, or Concerns – Contact Our Staff!

Michael Faust
PSL Services Executive Director
mfaust@pslservices.org

Peter Brown
STRIVE & STRIVE U Program Director
pbrown@pslservices.org

Kristina Smalley
STRIVE Program Manager
ksmalley@pslservices.org

Brianna McCabe
STRIVE Bayside Coordinator
bmccabe@pslservices.org

Erin Saul
STRIVE Program Coordinator
esaul@pslservices.org

Shannon Olejar
STRIVE Special Projects Coordinator
solejar@pslservices.org

Bill Hughes
STRIVE U and Next STEP Program Manager
bhughes@pslservices.org

Mara Sullivan
STRIVE U Transition Coordinator
msullivan@pslservices.org

Erin Berg
STRIVE U Admissions Coordinator
eberg@pslservices.org

Katie Collins
STRIVE U Student Life Coordinator
kcollins@pslservices.org

Liz Guillerault
STRIVE U Education & Training Coordinator
eclark@pslservices.org

MaryAnn Schwanda
STRIVE U Employment Coordinator
mschwanda@pslservices.org

STRIVE Sports Night! Friday January 18th 6pm-9pm

Show your spirit by representing your favorite team!
Wear your favorite jersey, hat, or most spirited clothing item!
Prizes will be awarded to the most sporty STRIVE members!
Go STRIVE!



Member Spotlight: Evan Caron



How old are you: 20
Favorite movie: Pokémon Movie
Favorite color: Red
Favorite holiday: Christmas!
Coolest activity at STRIVE this year: Playing games on the SmartBoard with STRIVE Next STEP
Favorite song: Jingle Bells, Nutcracker
Dream job: Zoo Keeper
Talents: Making funny noises

January Birthdays



Happy Birthday to the Following STRIVE Members!

- | | |
|-----------------------|--------------------------|
| Daniel Lowe | Ethan Hepner |
| Kathleen Holland | Maranda Provost |
| Tom Schrank | Sean Wilcox |
| Thomas Hartnott | Marcus Damie |
| Virginia Herring | Destiny Lemire |
| Christopher Dickerman | Patrick Diehl |
| Alexander Kane | Bruce Andrews |
| Brooke Post | Tim Larson |
| Trevor Ashbaugh | Lindsay Wallace |
| Samantha Mueller | Ryan O'Donovan |
| Chris Flagg | Cera Ann Lane |
| Jonathon Brink | Nate Rines |
| Mallory Wade | Peter Tarling |
| Cole Shiers | Isabelle Campbell |
| Billy Petroska | HAPPY BIRTHDAY!!! |
| Samantha Mitchell | |

Camp STRIVE: February 19th-22nd

Spend your February Break with STRIVE! Camp STRIVE will be offered February 19th through February 22nd from 9am-5pm.

You can look forward to four days of exciting activities and fun with friends! The cost is \$45 per day. Registration forms are available at pslstrive.org/camp or by contacting Erin at esaul@pslservices.org

Reserve your spot today!

Members' Page and Events

TWEENS Schedule of Events

Are you between the ages of 11 and 14? Are you looking to make new friends?
Then join us every Friday afternoon from 3:30 to 5:30pm at the STRIVE Center!
Cost is \$10 with sliding scale available. See you on Friday!

January Schedule:

January 4th: Bingo!
January 11th: Activities with UNUM Volunteers
January 18th: Sports Night Theme

January 25th: Self Defense Class with Clara Porter
See you on Friday! Feel free to call Shannon at STRIVE at 774-6278 with any questions!

Monday Night Wellness Classes Series

Zumba Gold Dance
5:30-7:00 pm
January 7 - March 25

Certified Zumba Gold instructor Becki Jacques leads you through this fun way to get in shape! If you like dancing with friends, this class is for you! We will be dancing and moving around, so be sure to wear work-out clothes and bring a water bottle. This series costs \$20. For more information, contact Shannon at (207) 774-6278 or solejar@pslservices.org.

November Meetings & Events

Member Advisory Board Meeting
January 4th and 18th
5:00pm

Kiwanis Aktion Club
January 9th and 23rd
3:30pm

STRIVE Night: Sports Theme Night
January 18th
6:00pm-9:00pm

Monday Night Wellness Class Series: Zumba Gold Dance Class
January 7th - March 25th
Mondays from 5:30-7:30pm

Wednesday Night Educational Class Series: Nutrition
January 9th - February 27th
Wednesdays from 6:00pm-8:00pm

STRIVE CLOSED FOR HOLIDAYS
New Years Day: Tuesday January 1st
Dr. Martin Luther King Jr. Day: January 21st

For STRIVE closings and cancelations due to weather visit our Facebook page or WCSH6 for up-to-date information. You can also sign up for text alerts at WCSH6.com.

Wednesday Night Educational Class Series

Nutrition and Food Science
6:00-8:00 pm
January 9 - February 27

Learn more about healthy eating with this food science class that will focus on exploring nutrients needed by the body. Topics will include eating in the healthy way, proper food safety, balancing your plate, and understanding food composition. This series costs \$20. For more information, contact Shannon at (207) 774-6278 or solejar@pslservices.org

New STRIVE Gear Available Now!



Represent STRIVE wherever you go with our new collection of hoodies, t-shirts and long sleeve shirts! You can purchase STRIVE gear online at cafepress.com/pslstrive or at our Foden Road office. You can also purchase STRIVE Gear at our Friday night socials! STRIVE Rocks!

STRIVE Pictures



Above: STRIVE Bayside prepares for their open house



Above: STRIVE Rocks Dance Marathon tree at the Westbrook Warren First Congregational Church Festival of Trees



Above: Next STEP students Jim, Patrick, Josh, Sophie, Emily, and Nate enjoying some fun in the snow at STRIVE



Above: Pie Eating Contest at STRIVE Night

3 Points for STRIVE



Now is your chance to be a part of STRIVE's wonderful partnership with the Maine Red Claws and Hammond Lumber Company! It's easy! Just cut out the pledge card and send it to STRIVE. You can pledge a one-time donation or an amount per 3-pointer made during this 2012-13 season. The Maine Red Claws made 183 3-point shots in the 2011-2012 season. STRIVE is excited for another great season of basketball! Go Maine Red Claws! STRIVE would like to extend a very special thank you to the Hammond Lumber Company for being the title sponsor for this program. We appreciate the support of all who have already committed to the 3 Points for STRIVE program! Thank you!



3 POINTS FOR STRIVE

183 3 Pointers were made in the 2011-12 Season

- CHECK ONE: Company gift Individual Gift Employer Matching gift
- I/we pledge \$_____ per 3 pointer made by a Red Claws player during the 2012-2013 season.
I/we understand I/we will be billed following the season- after the total 3 pointers have been calculated.
- I/we would prefer to make a contribution in the amount of \$_____.
- Check enclosed
- Please send me an invoice May 1 following the 2012-13 Maine Red Claws season.

Contributor's name or company contact: _____

Donating Company (if applicable): _____

Contributor's mailing address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Please Make Checks Payable to: STRIVE
28 Foden Road, South Portland, ME 04106
www.psistrive.org
207.774.6278

