



www.pslstrive.org

STRIVE Newsletter

VOLUME 16 ISSUE 9

SEPTEMBER 2016

Help Kevin get off the Roof!

Patriot Subaru, Saco ME

Fundraising Goal: \$30,000

Kevin is an employee of UPS, and has been a part of STRIVE for many years. One of his great volunteer efforts each year is to stay up on a roof until he reaches a certain donated amount for STRIVE. This year, Kevin is staying on top of the Patriot Subaru roof in Saco, ME. He **WILL NOT** come down until his goal of \$30,000 is reached. Please help Kevin get off the roof! Any donation is greatly appreciated.

Raffle Prizes:

- \$1000 Irving Gas Gift Card
- \$500 L.L. Bean Gift Card
- Camping Gear Package
- Premium Red Sox Tickets

Text KEVIN to 71777 to donate!

Live stream of Kevin is available [HERE](#)

Helpkevinhelpstrive.com

Mission Statement:

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

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SOAR

What: Silent and Live Auction to Benefit STRIVE

When: Wednesday, October 26th

Where: Holiday Inn by the Bay

****Tickets will be on sale soon!****



STRIVE NEWS

Summertime at STRIVE U

STRIVE U continues to be a bustling center of learning and fun as we start to come to the end of summer. All of the students are settled in and starting to really pick up steam on their new learning adventures. The first year students are working towards traveling in the community independently, and delving deeper into their residential and community goals each week. For our second year students, they are looking towards the ever nearing future of living independently and planning for all that goes along with it. Second year students have been working hard at all their various employment positions and now the first year students are starting to get ready to apply and interview for some positions by putting together resumes and practicing interview skills. We are so excited to see what employment opportunities they secure!

To celebrate the end of the summer and preparing to start their full Kaplan schedules, we are all going to take a trip down to Old Orchard Beach for some fun in the sun with all our peers. The students have been budgeting their money to be able to enjoy all the beach has to offer as well as getting some dinner out with their friends. We plan to take the Zoom Bus down and back, giving to students an opportunity to learn about a different travel option in the area.

Social Events Club continues to be a very enjoyable part of the student's week. Just last weekend they played water games outside and competed to win some Strive swag. It was an awesome way to spend a hot August evening! As always, we look forward to what our future has in store for us as we continue on our educational journey.

If you are interested in learning more about STRIVE U or would like to schedule a tour, please contact Bill Hughes, STRIVE U Admissions Coordinator, at bhughes@psslservices.org or 207-774-6278. Tours are available year-round.



New School Year About to Start at TOPS

This summer has been packed with meeting new people, learning about the STRIVE community, and beginning to transition back to the school year. TOPS had a busy 6-week Extended School Year program, serving 17 students from the greater Portland area.

TOPS would like to feature one particular student, Jack Prato, from Yarmouth High School. Jack is a returning TOPS student who has maintained excellent maturity and overall enthusiasm for every opportunity he has at STRIVE. His hard work and determination are recognized throughout the STRIVE community. Great job this summer, Jack! If you would like to see what TOPS is up to every week and read a little more about TOPS, please email Kelly to be added to the Weekly TOPS Newsletter, kfrey@psslservices.org.



STRIVE TOPS serves students from school districts in the Greater Portland Area who are in their 13th or 14th year of school. If you have questions or would like more information about TOPS, please contact Betsy Morrison at 207-774-6278 or bmorrison@psslservices.org.

Community Garden Continues to Grow with Next STEP



In the month of September, Next STEP will continue to reap the benefits of the community garden. They have grown some zucchini and have made a delicious meal out of them. They have 3 baby watermelon growing, green beans, and peppers!! In the herb garden, Next STEP has a lot of basil that has grown and the group picked a lot of it, divided it into bags, took some home, and shared it with both the Kaplan growers and STRIVE U. Next STEP will be busy picking their fresh vegetables and herbs for a while! This has been a great learning experience and offers a first-hand view of “garden to table”!

The curriculum for this month is exploring our community. For starters, Next STEP took a bus ride to downtown Portland, where they walked to the library and learned the history of Portland researching through the achieves. For curriculum, Next STEP tried something new... Geocaching. Next STEP had a challenging start with geocaching but eventually they got the hang of it and found some awesome treasures along the way! Additionally, Next STEP found Portland City Hall, and learned that they can find out about events that are going on in their city. In August and September, Next STEP is busy and with learning new things and visiting new places!

Next STEP is a great option offering quality curriculum for those who are on a waiting list for other services, in combination with other services, or for those who may not qualify for other services. Please contact Betsy Morrison at 207-774-6278 or bmorrison@psslservices.org if you would like more information regarding Next STEP or would like to schedule a tour.

Part-time and full-time options are available.

Applying Etiquette at Bayside



At STRIVE Bayside we work on a lot of hands on skills; cooking, cleaning, banking, budgeting. We also work on a number of social skills too. This month we dedicated a lot of time to working on manners and etiquette. We began the month discussing table manners, and really focusing on the expected manners that all adults should use while they're eating. Next we moved onto social etiquette, and talked about appropriate behavior on an elevator. Everyone has been doing such a good job of remembering to use their manners, from appropriate conversations to remembering napkins go in your lap. Up next we will be working on restaurant etiquette!



STRIVE Bayside is a unique community supports program that is dedicated to exploring and increasing independence. We run five days a week, Monday through Friday and have two daily sessions, 9:00am-1:00pm and 1:00- 5:00pm. We operate out of an apartment in downtown Portland to simulate actual apartment living. We are currently accepting applications for both the morning and afternoon sessions. If you are interested in joining STRIVE Bayside, or would simply like more information, please contact: Caroline Cole at (207)899-1725 or ccole@psslservices.org.

We are thrilled to be able to offer so many different programs here at STRIVE, but understand the options can be overwhelming and sometimes, confusing. Our staff is willing and ready help you navigate all of your options. If you'd like additional information, please feel free to give us a call at (207)774-6278—we'd love to help!

STRIVE Night
September Theme Night:
STRIVE Idol!
September 16th, 6-9pm



Ages:
15 to 24 years old

Cost: \$10
with scholarships
available

STRIVE Night is 6:00-9:00pm ages 15-24. STRIVE Night is a social program for teens, and young adults held at the STRIVE Center. STRIVE Night is a great place to get together, have fun and build relationships.

FMI: Contact Cameron at cprovencher@psslservices.org or call 207.774.6278.

****Advisory Board's first meeting in September will be held on September 2nd at 5:15pm.****

Wednesday Night Educational Classes

Healthy Relationships

September 7th, 14th, and 21st, 28th, 2016
6:00-8:00pm

This series will equip students with the knowledge to make smart decisions when it comes to romantic relationships, with a special focus on what a healthy relationship looks like. Specialists from the community will be leading presentations and discussions with students and answering questions they may have about the topics. This is one of our most popular classes- you don't want to miss it!

STRIVE's Wednesday Night Educational Classes are held every Wednesday with a different topic each month. Have a class idea for 2016? Let us know! Contact Michaila McCloskey with your ideas— mmccloskey@psslservices.org or call (207)774-6278.

September Birthdays

Samuel Cassellius
Colin Cook
Zachary Sanborn
Sam Newcomb
Xander Tillman
Jack Bowie-Haskell
Cindy Starr-Rios
Philip Mackey
Jacob Allen
Chase Gaston
Ruby Hawk
Elizabeth
Langworthy
Justin Crockett

Olivia Lauren Frankl
Nicholas Sutter
Jessi McCalmon
Sarah Bean
Mary Greslick
Myles Frederick



Upcoming Wednesday Night Class

Career Exploration

October 5th, 12th, 19th, 2016
6:00-8:00pm

Money Management

November 2nd, 9th, and 16th
6:00-8:00pm

For more information, contact Michaila at mmccloskey@psslservices.org or call (207)774-6278.

TWEENS Schedule of Events

*Are you between the ages of 11 and 14? Are you looking to make new friends?
Join us every Friday afternoon from 3:30 to 5:30pm at STRIVE!*

****Tweens is FREE to all members between the ages of 11 & 14!****

- September 2nd: Portland Stage!**
- September 9th: Games with UNUM!**
- September 16th: Sparks Ark!**
- September 23rd: Craft Day!**
- September 30th: Children's Library!**

For more information, contact Michaila McCloskey at mmccloskey@pslservices.org or call (207)774-6278.

Thank you to our September Donors!

Norfolk & Dedham Group
MEMIC
Cornelius & Jean
Demorest
Michael & Lynn Spadinger
Susan Christy King – in
Honor of Ryan Barnes
James & Rebecca Daniel -
in Honor of Ryan Barnes
Bill & Monika Orcutt –
in Honor of Ryan Barnes
Glenn & Dianne Walton
Harold Osher
Angela Zook
Anne & Mervell Cronin
Mary & John Burt

This Thyme Around LLC
Henry Recknagel



Upcoming Events

- Aktion Club**
September 7th and 21st, 3:15pm
- Member Advisory Board Meeting**
September 2nd, 16th, and 30th, 5:15pm
- Wednesday Night Education Classes:**
Healthy Relationships
Wednesdays, September 7th, 14th, 21st, 28th
6:00-8:00pm
- Tweens**
Every Friday, 3:30 - 5:30pm
- STRIVE Night**
Every Friday, 6:00 - 9:00pm
- *STRIVE will be closed Labor Day,
Monday September 5th, 2016***

Strive for STRIVE at Anthony's Italian Kitchen!



Eat at **Anthony's Italian Kitchen** every **Monday and Tuesday**
from **4 to 8pm** to benefit **STRIVE!**



10% of all sales will go directly to our programs.

Enjoy delicious pizza and subs, beer and wine, and more at their location at 151 Middle St. in Portland.

Learn more at www.AnthonysItalianKitchen.com or call (207)774-8668

****Handicapped Accessible and Free Parking is Available!****

Exciting News at STRIVE



STRIVE FOR 5 FODEN ROAD 5K

Communities are stronger when everyone is involved.

Saturday, September 10th at 8:00am

For more information, or to register, please visit

www.pslstrive.org/STRIVEforFive

Beat your personal best
on a flat, fast, and fun
certified course to benefit
STRIVE!!!



Entry Fee \$25
Kids 12 and Under are FREE!
Tech T-Shirt and Medal Included
Kids Fun Run Before the 5K

Immediately following the race, join us for a family-friendly block party at Kaplan University!

Live music provided by The J.C. Underhill Band!

Sponsored by:



STRIVE Pictures / STRIVE for 5 Foden Road 5K



STRIVE Programs continue to enjoy the UMed workouts!



STRIVE U took advantage of the hot weather and had a water balloon fight!

STRIVE programs exercise day in and day out. Whether it is on the hottest day of the summer or it's inside with an instructor, STRIVE members find ways to stay fit! If you would like any additional information regarding our programs and events, please contact Pete Brown at pbrown@pslservices.org or call (207)774-6278. Our website is www.pslstrive.org.

Summer Camp STRIVE

Summer camp was amazing once again this year!
Thank you to the counselors, and all the campers that made it so special!



Contact Michelle Greenleaf at mgreenleaf@pslservices.org or 207-774-6278 to register for next year!



STRIVE
28 Foden Road
South Portland, ME 04106

Phone: 207-774-6278
Fax: 207-774-7695
Email: info@pslstrive.org

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Questions, Comments, or Suggestions – Contact Our Staff!

Peter Brown

PSL Services Associate Director
pbrown@pslservices.org

Betsy Morrison

STRIVE/STRIVE U Program Director
bmorrison@pslservices.org

Veerle Pottie

Community Services Program Director
vpottie@pslservices.org

Caroline Cole

STRIVE Bayside Program Coordinator
ccole@pslservices.org

Kelly Frey

STRIVE TOPS Transition Specialist
kfrey@pslservices.org

Michelle Greenleaf

STRIVE VISTA Program and Outreach Coordinator
mgreenleaf@pslservices.org

Michaila McCloskey

STRIVE Special Projects Coordinator
mmccloskey@pslservices.org

Tap Fitzgerald

STRIVE U Student Life Administrator
tfitzgerald@pslservices.org

Bill Hughes

STRIVE U Admissions Coordinator
bhughes@pslservices.org

Lorri Perry

STRIVE U Transition Coordinator
lperry@pslservices.org

Kelly Taylor

STRIVE U Education and Training Coordinator
ktaylor@pslservices.org

Dick Leeman

STRIVE U Employment Coordinator
dleeman@pslservices.org

***We welcome your comments, questions, and feedback
at info@pslstrive.org.***