



www.pslstrive.org

STRIVE Newsletter

VOLUME 11 ISSUE 5

MAY 2011

Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

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STRIVE Night at the Portland Sea Dogs!



Niels Doughty, a STRIVE U student has also been hired to sell 500 **Sea Dogs** tickets, with a portion of the proceeds to benefit **STRIVE**. Join us Thursday, **June 9th** for STRIVE Night at Hadlock Field as the Portland Sea Dogs battle the Richmond Flying Squirrels. Buy your tickets directly from Niels and save \$1.00 per ticket! For more information, call 207-774-6278, or use the order form below to purchase tickets.

SEA DOGS TICKETS ORDER FORM

Game: Thursday, June 9th, 7:00 PM (doors open at 5:30 pm) against Richmond Flying Squirrels

Tickets are **\$6.00 General Admission**

Name: _____

Address: _____

(Street) (City) (State) (Zip)

Telephone: _____ Email: _____

Number of Tickets: _____ (\$6.00 per ticket) Total \$ _____

Payment Type:

Check Enclosed _____ (please make payment to **STRIVE**)

Credit Card Payment: *circle one*

Mastercard Discover VISA

Name on Credit Card: _____

Credit Card Number: _____

Expiration Date: _____

BookWorks! Chapter Two...

Thank you to all of our loyal BookWorks customers over the years!

STRIVE is proud to announce that we are in the middle of converting our used bookstore to an online store. STRIVE has maintained a retail space for the past five years, most recently because of a very generous donation from Dead River Proprietaries at Atlantic Park Place. As the economy and times are changing—so must BookWorks! We are very excited to get our volunteers to help us move the store to an online shop. If you are interested in volunteering and gaining valuable computer skills and please contact Kristina at ksmalley@pslservices.org



STRIVE NEWS

STRIVE U News



3rd Annual STRIVE U Experience

Are you thinking about applying to STRIVE U? Want to learn more about the program? Pack up your stuff and join us at the 3rd Annual STRIVE U Experience.

When: September 30th-October 2nd
Where: Camp Tall Pines in Poland, Maine
Cost: \$285.00 (includes everything!)

Applications will be available beginning May 2nd.
Applicants will be accepted on a first come first served basis, subject to program eligibility.

For more information, please contact Erin Berg at 774-6278 or eberg@pslservices.org

STRIVE U Employment News

MARK YOUR CALENDARS!



Eric's Pizza Express will be opening soon!

Find Eric's Pizza Cart located on Commercial Street starting May 12th!
Pizza, Subs, Chips & Soda

Please contact MaryAnn Schwanda, Employment Coordinator to find out the many benefits of becoming a STRIVE U Employment Partner: mschwanda@pslservices.org or call 207-774-6278.

Next STEP Update

The Next STEP Program is a private pay Transitioning Educational Program - focusing on additional educational opportunities and social, recreation and personal wellness.

Next STEP is accepting applications for the summer and fall semesters! If you would like more information on how you or your student could benefit from this unique program please contact the STRIVE Offices. The Next STEP program runs daily Monday through Friday from 9am to 5pm. Students have the option to participate at a full time or part time schedule. Each day is comprised of educational classes, as well as a focus on social, recreational and wellness activities.

Sample topics include: money management, independent life skills, nutrition, transportation, personal safety and have incorporated a variety of transferable skills through each class.

Please contact the STRIVE Offices if you would like us to work with your student and personalize a schedule!

Next Term begins:
June 20-August 26

*Please visit www.pslstrive.org to obtain more information, a fact sheet and the application.
If you have any questions or would like to schedule a visit please contact
Our offices at 207-774-6278 or email info@pslstrive.org*

STRIVE NEWS

Features At Fenway STRIVE Bus Trip!



Don't miss your chance to join STRIVE for this year's Futures at Fenway!

STRIVE will be chartering a VIP Bus leaving from STRIVE going to

Fenway for both the Portland Sea Dogs game & the Pawtucket Red Sox! To Reserve your spot please call STRIVE at 207-774-6278

Tickets are \$40 per person

Softball Tournament



Sunday May 22nd
Wainwright Sports Complex, South Portland

Thank you to Reliant Mortgage Company for hosting this events and supporting the STRIVE Programs!

If you would like to go and watch the games or for more information on how you can help please contact Meg Robinson at MRobinson@reliantloan.com

Summer Camp at STRIVE

Calling All Campers! June 20 - August 26

Summer Camp is right around the corner!

Make sure you sign up today!
Contact: Kristina Smalley at 207-774-6278

Camp is \$45 per day of \$200 for the week!



Activities will include:

- Arts & Crafts
- Cooking
- Sports
- Games
- Movies
- And much more!

Breakfast at the Ballpark!

Join STRIVE and the 2011 Portland Sea Dogs

Memorial Day- May 30, 2011

For a Breakfast at the Ballpark!

For tickets visit

For more information visit our website at www.pslstrive.org or call the office at 207-774-6278



Make sure to bring a pen and your autograph book!
The players will be signing!

Volunteer News

Thank you STRIVE Supporters!

Thank you to everyone who donated to STRIVE in April
We appreciate your generous support.

Francesca Eastman
Christopher and Nancy Pierce
William and Marie Taplin
Gloria Lamiette
Domenic and Julie Restuccia
Michele Hallett
James and Catherine Brown
Elizabeth Potter
David and Elodie Faulkner
Catherine Field
Peter and Judith Haynes
Otis Atwell
Eric Wright and Roberta Lipsman
Susan Pynchon
Glenn Johnson

TWEEN Friday Afternoon Socials

Are you between the ages of 11 and 14?
Are you looking to make some new friends?!

Then join us every Friday afternoon from
3:30 to 5:30 at the STRIVE Center!

May's Calendar of Events:

May 6: Fiesta Day!
May 13: Yoga Session
May 20: Pirate Theme Night!
May 27: Fire Truck Presentation



Easy Ways to Help Support STRIVE!

Follow Us on Facebook
Daily Updates
STRIVE Pictures

To stay connected visit:
facebook.com/STRIVENation



Can Redemption Program
Get a Green Bag at STRIVE &
drop off your cans at a
Hannaford Grocery Store.
The deposits will go to STRIVE!
Every 5 cents counts!

*There's no reason not to.
You search... We give!*

Change your Search Engine
Change your search engine to
GoodSearch and pick STRIVE
as your charity!

For each search you do, 1¢ is
donated to STRIVE!



Donate to the Wish List

Office Supplies
Video Games
Sports Equipment
Frozen Pizzas
Markers, Scissors, Paper Cutter

Thank you To Anthem!

On Saturday, April 30 from 8am to 2pm more than twenty five Anthem employees and family members volunteered at STRIVE.

These volunteers clocked in 150 man hours of hard work!
Here is a list of projects the group completed!

- Put together and stained five new picnic tables
- Built two raised beds & planted vegetables
- Planted a blueberry garden
- Cleaned the STRIVE kitchen— top to bottom!
- Raked & Planted new grass
- Cut back overgrowth

STRIVE is beyond appreciative the dedication of these volunteers and Anthem! From all of us at STRIVE- THANK YOU!!!

STRIVE Legacy Program



Introducing the STRIVE Legacy Program
Leave A Gift. Leave A Legacy.

STRIVE would like to introduce it's newest venture in fundraising as well as sustainability. What better way to give to STRIVE than to plan ahead and incorporate STRIVE into your planned giving. We understand that times are economically difficult for many people these days. That is why STRIVE has started a "Legacy Program" and would be happy to discuss how to write in our organization into your planned giving account.

For more information on STRIVE's Legacy Program please contact Peter Brown at (207) 774-6278 or pbrown@psservices.org



**THEME
NIGHT!**

**May
20th**

**Join STRIVE for a
PiRaTe PaRtY!**

Activities planned:

**Treasure Hunt
Rub On Tattoos**

**Prizes for the BEST Costumes!
Dancing, Snacks & Tons of Fun!**



**Member Spot
Light:
Julia Hildreth**

Favorite Food: Tacos

Favorite Movie: Never Say Never

Any Siblings? 2 Sisters & 2 Brothers

If you could have 1 holiday every day, what would it be?
Christmas– because I love the snow and snowmobiling

Coollest thing you've done at STRIVE:
Meet new people

If you could choose an actor to star in your life story, who would it be? Julia Roberts

Favorite song right now: Up by Justin Beiber

If you could go anywhere for Summer Break where would you go & why? Caribbean



MAY BIRTHDAYS



Kyle Cutter	May 2
Lane Grant	May 3
Michael Angers	May 4
Alisha Wade	May 7
Andrew McIver	May 7
Megan Downing	May 8
Andy Cormier	May 7
Jonathan Lucas	May 8
Jonathan Powell	May 10
Niels Doughty	May 10
Kristopher Kadiauska	May 11
Miranda Doughty	May 13

Colleen Powell	May 14
Nicholas Taddia	May 14
Matthew Leeman	May 15
Chantelle Blanchard	May 16
Eric Hughes	May 16
Mona Cates	May 18
Jeremy Clement	May 19
Andrea Davidson	May 23
Joshua Weiderman	May 24
Caroline Frawley	May 29
Spring Grace	May 29

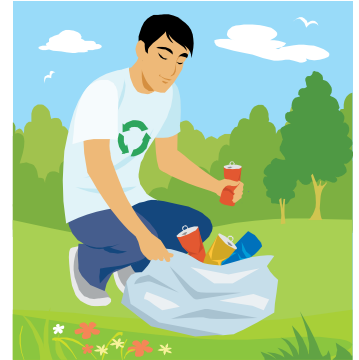
HAPPY BIRTHDAY FROM STRIVE!

Members' Page

Aktion Club Update



Aktion Club has set its 2011 calendar and will include a variety of volunteer projects throughout the year! If you would like to get involved with Aktion Club please contact Kristina Smalley at 774-6278.



During the Month of April—
 Aktion Club celebrated Earth Week by participating in a Clark's Pond Trail Trash Clean Up! The club collected multiple bags of garbage and spruced up the walking trail for everyone to be able to safely use. Thanks Aktion Club!

Monday Night Wellness Series



ZUMBA Gold Dance Craze April 4 - June 20

What do you get when you combine plain old aerobics with Latin dance? ZUMBA! Certified Zumba Gold Instructor Becki Jaques leads you through the Fun way to get in shape for the summer! Great for a wide range of physical abilities.
 \$20 for STRIVE Members
 \$40 for Anyone Else

Questions? Contact Kate Reingold at 774-6278 ext. 216 or

May Events

- Advisory Board Meeting:
 May 13 & 27 from 5:00– 5:45pm
- Aktion Club:
 May 11 & 25 from 3:30-4:00pm
- Monday Night Wellness Series:
 ZUMBA - April 4- June 20 from 5:30-7:00pm
- Wednesday Night Educational Class:
 Be Green! Sustainable Living-
 May 4- July 20 from 6:00-8:00pm
- Theme Night: Pirate Party!
 May 20 - from 6:00-9:00pm
- Transition Fair: May 14 from 9:00– 2:00pm
- Reliant Mortgage Softball Tourney: May 22
- Breakfast at the Ballpark: May 30

Wednesday Night Educational Series

Be Green! Sustainable Living



This class will focus on sustaining our world from the ground up! Students will plant and care for a STRIVE garden throughout the 12 week series, while also learning how to compost, recycle, and how to “go green” in everyday life.

Questions? Contact Kate Reingold at 774-6278 ext. 216 or kreingold@psslservices.org

Upcoming Events

- STRIVE Night at the Portland Sea Dogs: June 9
- Camp STRIVE: June 20
- Next STEP– Term 2: June 20
- STRIVE U Graduation: Class of 2011 - June 25
- STRIVE U Move-in Day: Class of 2013 - June 26
- Features at Fenway Bus Trip: August 20

STRIVE PICTURES



A Group of Anthem Volunteers
Constructed & Stained Five Picnic Tables!



More Anthem Volunteers
Planting Raised Vegetable Gardens & Seeding



Don't Delay
Sign Up for Camp STRIVE today!



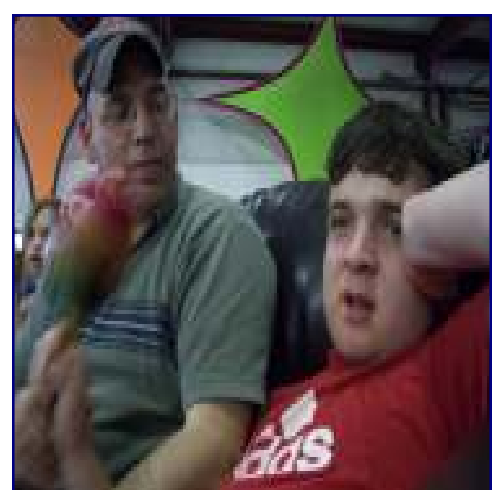
Thank you to Unicorn Cove to teaching us the ancient art of Hula



Annie during Music Therapy Program at Tweens



Chelsea rocking the Bongo Drum



Kyle shaking the Maracas!



STRIVE
28 Foden Road
South Portland, ME 04106

Phone: 207-774-6278

Fax: 207-774-7695

Email: info@pslstrive.org

*Serving tweens, teens and
young adults with
developmental disabilities*

www.facebook.com/strivenation

**Visit our website:
www.pslstrive.org**

- Sign up for the STRIVE e-mail list
- Latest news
- Upcoming events
- View past newsletters

Did you Know...

STRIVE sends out a monthly
electronic newsletter!

*Sign up online
to make sure you are up to date!*

STRIVE U Staff

Mara Sullivan:

STRIVE U Transitions Coordinator
msullivan@pslservices.org

Erin Berg:

STRIVE U Admissions Coordinator
eberg@pslservices.org

Katie Collins:

Student Life Coordinator
kcollins@pslservices.org

Liz Guillerault

Education & Training Coordinator
eclark@pslservices.org

Mary Ann Schwanda

Employment Coordinator
mschwanda@pslservices.org

STRIVE Staff

Michael Faust:

PSL Services Executive Director
mfaust@pslservices.org

Peter Brown:

STRIVE & STRIVE U Program Director
pbrown@pslservices.org

Kristina Smalley:

STRIVE Program Manager
ksmalley@pslservices.org

Kate Reingold:

Special Projects Coordinator
kreingold@pslservices.org

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