



www.pslstrive.org

STRIVE Newsletter

VOLUME 11 ISSUE 7

JULY 2011

Sign Up For the Summer Term & Beyond with Next STEP



Next STEP

STRIVE'S TRANSITIONAL EDUCATION PROGRAM

The Next STEP Program is a private pay Transitioning Educational Program - focusing on additional educational opportunities and social, recreation and personal wellness.

Next STEP is accepting applications for the fall semester! If you would like more information on how you or your student could benefit from this unique program please contact the STRIVE Offices. The Next STEP program runs daily Monday through Friday from 9am to 5pm. Students have the option to participate at a full time or part time schedule. Each day is comprised of educational classes, as well as a focus on social, recreational and wellness activities. Sample topics include: money management, independent life skills, nutrition, transportation, personal safety and have incorporated a variety of transferable skills through each class.

Please contact the STRIVE Offices
if you would like us to work with your student and personalize a schedule!

Fall Term begins:
September 6th

If you are interested in this summer session, spaces are still available.

Please visit www.pslstrive.org to obtain more information, a fact sheet and the application.

*If you have any questions or would like to schedule a visit please contact
Kristina at the STRIVE office at 207-774-6278 or ksmalley@pslservices.org*

Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

INSIDE THIS ISSUE:

STRIVE U News	2
Features at Fenway	2
Camp STRIVE	3
Get Involved With STRIVE	4
Patriotic Party	5
Member Spot Light	5
July Events	6
Upcoming Classes	6
Pictures	7

Congratulations to STRIVE U Class of 2011

On Saturday, June 25th the Class of 2011 graduated from STRIVE U
Congratulations to Justin Raddclif, Christine Hofferberth, Eric Hughes, Sarah Michaud, Kathleen Shevenell, Brittany Gooch & Caroline Frawley for all of their hard work and dedication over the past two years as they completed the intensive program. Best of luck to all of our graduates!



STRIVE NEWS

STRIVE U News



3rd Annual STRIVE U Experience

Are you thinking about applying to STRIVE U? Want to learn more about the program? Pack up your stuff and join us at the 3rd Annual STRIVE U Experience.

When: September 30th-October 2nd
Where: Camp Tall Pines in Poland, Maine
Cost: \$285.00 (includes everything!)

Applications are now available.
Applicants will be accepted on a first come first served basis, subject to program eligibility.

For more information, please contact Erin Berg at 207-774-6278 or eberg@pslservices.org

TWEEN Friday Afternoon Socials

Are you between the ages of 11 and 14?
Are you looking to make some new friends?!
Then join us every Friday afternoon from 3:30 to 5:30 at the STRIVE Center!
Tweens Runs YEAR-Round

July's Calendar of Events:

- July 1: Patriotic Party
- July 8: Wet & Wild Water Games
- July 15: Zumba Gold Lesson
- July 22: Fun with Music
- July 29: Science Experiments



Features At Fenway STRIVE Bus Trip!

FUTURES AT FENWAY

August 20, 2011



Who Doesn't Love Baseball? Who wants to go to Fenway Park in Boston on a Charter Bus!

\$40 per person gets you the VIP Treatment!

Leaving from STRIVE at 9am and returning at 9pm on a VIP Bus Plus Entrance to both the Portland Seadogs & Pawtucket Red Sox Games

DON'T DELAY!

Order your Tickets TODAY! Before the bus sells out!
Call STRIVE at: 207- 774-6278

STRIVE NEWS

Calling All Summer Campers! It is not too late to sign up!



June 20 - August 26

Make sure you sign up today!
 Contact: Kristina Smalley
 at 207-774-6278

July	Mon	Tue	Wed	Thu	Fri
"Gaming"	4 STRIVE CLOSED!	5 Mini Golf	6 Summitt Adventure Center	7 Deering Oaks & STRIVE Olympics	8 Old Orchard Beach Arcades & Games
Outdoor Explorers	11 Portland Trails	12 Climb Bradbury Mountain	13 GEO- Caching (Crazy Hat Day)	14 Singing Hands Concert And Falmouth Audubon	15 Yarmouth Clam Festival *Please bring spending money or Boy Scout
Art & Soul	18 Color Me Mine Pottery	19 Theater Day at Deering Oaks <i>Bring a costume!</i>	20 Dancing at M.O.G	21 Maine Songs Concert And Watercolor at East End Beach	22 Tour of Museum and Create your own Wind chimes
Fun On The Farm	25 Pineland Farms Milking Tour	26 Check Out the Maine Wildlife Park in Gray	27 Tour a Family owned farm & A rabbit farm	28 Sparks Arcl And Smiling Hill Farm (Wear Animal Print)	29 Visit Longwood Alpaca Farm

August	Mon	Tue	Wed	Thu	Fri
Creative Cooking	1 Make Your Own Pizza & Cookbook (Bring a recipe to share!)	2 Tour Urban Farm Fementory	3 Portland's Farmers Market & Market House Make your own Bread	4 Sammie Hayes Concert & Picnic in the Park	5 Freeport Food Tour Wilburs, ISMAX & Pig's Fly
Maine Made	8 The Myth behind the Dessert of Maine	9 Light House Tour! Fort Williams, Two Lights & Bug (Wear Red!)	10 Tour of Village Candle in Topsham	11 Tour of Tom's Of Maine	12 Lucky Catch Lobstering (Wear a local shirt)
Mad Science	15 Nature Trail and Outdoor Science Experiments (Dress in Camo for a Prize!)	16 Weather Day	17 Space Day USM Southworth Planetarium	18 Kitchen Science Experiments	19 Gulf Of Maine Research Day
Sports Fan	22 Make a Tye Dye And Kickball at Payson Park	23 Celtic's Pride Basketball Game at Deering Oaks	24 Red Sox Pride Sea Dogs Game At Noon!	25 Soccer Game at Fort Williams (Wear a whistle and get a prize!)	26 Last Day of Camp STRIVE BBQ & Games

Camp runs daily from 9am to 5pm - early drop off and late pick up options are available

Each day Camp STRIVE spends the majority of the day out in the community participating in a variety of activities. While at STRIVE, campers will have the opportunity to do arts & crafts, cooking, group games and sports! Theme weeks will include: Island Adventure, "Gaming", Outdoor Explorers, Art & Soul, Fun on the Farm, Creative Cooking, Maine Made, Mad Science and Sports Fans!

Camp is \$45 per day of \$200 for the week! Check out our website at www.pslstrive.org for more details

Volunteer News

Thank you STRIVE Supporters!

Thank you to everyone who donated to STRIVE in June
We appreciate your generous support.

Celebrities for Charity Foundation

Linda Lamberson

Terence & Jennifer O'Brien

Silicon Valley Community Foundation

Robert & Tara-Lyn Simopoulos

Carol Steele

Softball Tournament

Sunday July 17th

Wainwright Sports Complex, South Portland

Due to rainy weather in May, this event has been rescheduled for July 17th

Thank you to Reliant Mortgage Company for hosting this event and supporting the STRIVE Programs!

If you would like to go and watch the games or for more information on how you can help please contact Meg Robinson at MRobinson@reliantloan.com
Or the STRIVE Office at 207-774-6278



Easy Ways to Help Support STRIVE!

Follow Us on Facebook

Daily Updates
STRIVE Pictures

To stay connected visit:
facebook.com/STRIVENation



Can Redemption Program

Get a Green Bag at STRIVE & drop off your cans at a Hannaford Grocery Store. The deposits will go to STRIVE! Every 5 cents counts!

There's no reason not to.
You search... We give!

Change your Search Engine

Change your search Engine to GoodSearch and pick STRIVE as your charity!

For each search you do, 1¢ is donated to STRIVE!

Donate to the Wish List

Office Supplies
Video Games
Sports Equipment
Frozen Pizzas
Markers, Scissors, Paper Cutter

Stay Current with STRIVE Information

Did You Know...

STRIVE's mailing list consists of over 2,500 individuals!
STRIVE sends out a printed newsletter every quarter

In order to stay up-to-date on all of our programs and special events consider joining our monthly e-newsletter and weekly e-updates lists.

If you would like to be added to these lists please email info@pslstrive.org or fill out the form on our website www.pslstrive.org

STRIVE Legacy Program



Introducing the STRIVE Legacy Program
Leave A Gift. Leave A Legacy.

STRIVE would like to introduce it's newest venture in fundraising as well as sustainability. What better way to give to STRIVE than to plan ahead and incorporate STRIVE into your planned giving. We understand that times are economically difficult for many people these days. That is why STRIVE has started a "Legacy Program" and would be happy to discuss how to write in our organization into your planned giving account.

For more information on STRIVE's Legacy Program please contact Peter Brown at (207) 774-6278 or pbrown@pslservices.org



THEME NIGHT! July 1st

**Join STRIVE for a
Patriotic Party**

Activities planned:
Glow Sticks
Contests
Hot Dogs & Burgers
Wear your Red, White & Blue for Prizes



**Member Spot
Light:
Jennessa
Anderson**

Favorite Food: Soup and Sandwiches

Favorite Movie: Twilight

If you could have 1 holiday every day, what would it be?
 Christmas—I love to give gifts to friends and family

Coollest thing you've done at STRIVE: Next STEP

If you could choose an actor to star in your life story, who would it be? Kristen Stewart (plays Bella in Twilight)

Favorite song right now: Independence Day

Exciting Plans for the Summer? Coming to STRIVE

Dream job?: To be a nurse, I love to help people



JULY BIRTHDAYS



Ryan Dimastrantonio	July 2	Briana Schapleigh-Archer	July 18
Amber Hodgson	July 2	Janica Sublett	July 19
Alex MacMath	July 5	Travis Wheatley	July 20
Nathaniel Cline	July 8	Jennifer Kelewae	July 21
Dale Sprague	July 9	Kristine Fish	July 24
Devin Leonard	July 9	Susie Cloutier	July 25
Tonya Sellick	July 10	Kevin Payeur	July 26
Katherine Dutton	July 10	William Webber	July 27
Eric Wenstrom	July 10	Scott Small	July 27
Thomas Belanger	July 12	Dan Pietroskil	July 28
Melissa Whitmore	July 15	Joseph Testa	July 29
Alexandra Hunt	July 16	Jeremy Roberts	July 30
Steven Boisvert	July 17	Micah Webbert	July 31

HAPPY BIRTHDAY FROM STRIVE!

Members' Page

Aktion Club: Sending Cards to our Armed Forces



Aktion Club has set its 2011 calendar and will include a variety of volunteer projects throughout the year! If you would like to get involved with Aktion Club please contact Kristina Smalley at 207-774-6278.

During the Month of June, Aktion Club collected items for the South Portland Food Pantry and raised over \$75 by hosting a car wash!

July looks to be a busy month as the club prepares notes of appreciation to be sent to members of the Armed Forces!



Wednesday Night Educational Series



August 31 - November 2 Wednesdays 6-8pm

This popular class series is back! Mark your calendars for this end-of-summer series on dating safety and healthy relationships presented by Sexual Assault Response Services of Maine.

To register, contact Kate at 207-774-6278 or kreingold@psslservices.org

July Events

Advisory Board Meeting:
July 8 & 22 from 5:00- 5:45pm

Aktion Club:
July 6 & 20 from 3:30-4:00pm

STRIVE WILL BE CLOSED ON JULY 4th

Wednesday Night Educational Class:
Be Green! Sustainable Living-
May 4- July 20 from 6:00-8:00pm

Theme Night: Patriotic Party!
July 1 - from 6:00-9:00pm

Reliant Mortgage Softball Tournery: July 17

Upcoming Events

Features at Fenway Bus Trip: August 20

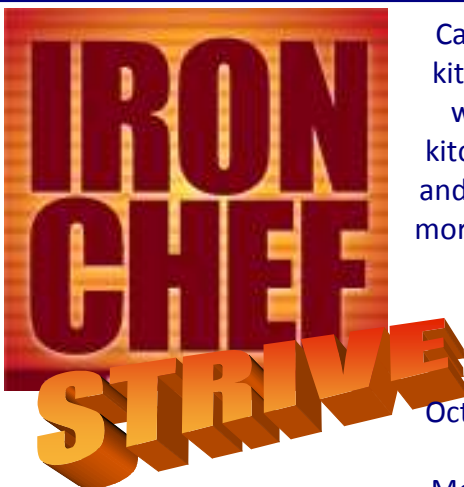
Wednesday Night Educational Class:
Healthy Relationships
August 31- November 2- from 6:00-8:00pm

STRIVE U Open House- September 10th

STRIVE U Experience-September 30- Oct. 2nd

7th Annual Live & Silent Auction-October 5th

Monday Night Wellness Class



Calling all chefs to the kitchen! We'll start off with the basics, like kitchen and food safety and healthy eating, then more into the kitchen for some delicious competitions!

October 3rd- December 12th
Mondays 5:30-7:00pm

STRIVE PICTURES

Thank You, Becki!



Zumba instructor **Becki Jaques** led STRIVE members through a 10-week Zumba Gold class series this spring. Becki will lead Zumba Gold classes in Westbrook this fall... for more information on Becki's classes, go to zumba.com and search for "Becki Jaques" under instructors. Thanks for a fun class, Becki!



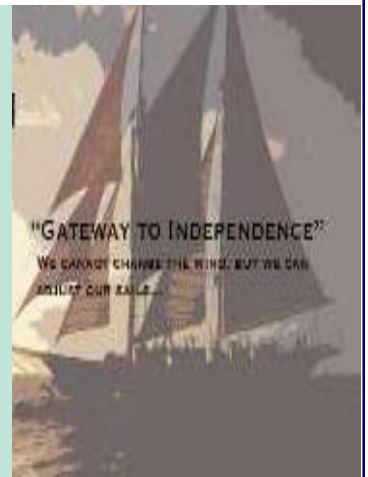
STRIVE is looking for volunteers to help out in the kitchen for our next Monday Wellness series, Iron Chef STRIVE. The series runs from October 3rd– December 12th, every Monday from 5:30-7pm. Come share your skills with our STRIVE members!

Contact Kate at 774-6278 or kreingold@pslservices.org.

STRIVE'S 7TH ANNUAL LIVE & SILENT AUCTION

**OCTOBER 5, 2011
6:00 PM
OCEAN GATEWAY**

Please save the date! If you know of someone who would like to donate an item to the auction please contact 207-774-6278



It's that Time of Year!
Eric's Pizza Express is NOW OPEN Monday– Friday!
You can find Eric on Commercial St. near Casco Bay Lines
www.facebook.com/ericspizzaexpress



Congrats to the STRIVE U Class of 2011!



STRIVE
28 Foden Road
South Portland, ME 04106

Phone: 207-774-6278

Fax: 207-774-7695

*Serving tweens, teens and
young adults with
developmental disabilities*

www.facebook.com/strivenation

[Twitter.com@pslstrive](https://twitter.com/pslstrive)

Visit our website:

www.pslstrive.org

- Sign up for the STRIVE e-mail list
- Latest news
- Upcoming events
- View past newsletters

Did you Know...

STRIVE sends out a monthly
electronic newsletter!

Sign up online

to make sure you are up to date!

STRIVE U Staff

Mara Sullivan:

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