



www.pslstrive.org

STRIVE Newsletter

VOLUME 11 ISSUE 2

FEBRUARY 2011

Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

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STRIVE ROCKS! Dance Marathon

STRIVE ROCKS



Presenting Sponsor:



Health. Join In.

CAN YOU DANCE ALL NIGHT?!

Join over 500 Dancers on
March 5th & 6th at the USM Sullivan Gym

Pledge Packets are available and Registration can be found at www.firstgiving.com/STRIVE!
Start fundraising now for the year's biggest dance party!

Prizes will be awarded to the top fundraisers—
we're talking flat screen TV, digital cameras and much more!

NEW IN 2011:

Put together a crew and compete to be "STRIVE's Best Dance Crew"
Or Show your spirit all night long and compete for the crown as Mr. & Miss DM

Visit www.striverocks.org for more information

If you would like someone from STRIVE to drop off information to you and your friends
just give us a call! 207-774-6278!

DM 2011 Sponsors:



STRIVE NEWS

February Vacation Camp

Calling All Campers!

Feb. 22-25th

February Camp is right around the corner!
Make sure you sign up today!
Contact: Kristina Smalley at 207-774-6278

Activities will include:

- Arts & Crafts
- Cooking
- Sports
- Games
- Snow Tubing
- Movies
- And much more!



Friendly's Fundraiser Feb. 3rd

Friendly's

Deering High School's Key Club has organized a fundraiser at Friendly's in Portland!

Please Join us on
February 3rd from 5-8pm
At Friendly's
Riverside Street in Portland— near Exit 48

15% of your dinner bill will be donated to STRIVE!

STRIVE U News



STRIVE U Purchases 7 Nye Street

Friday, January 21st was a very important day for STRIVE U. Using funds raised through the recently completed Capital Campaign, STRIVE was able to purchase 7 Nye Street, the third and final building that makes up STRIVE U's residential campus. STRIVE now owns all three residential apartment buildings! 7 Nye Street will be renamed "Unum Hall" in honor of Unum's significant contribution to the capital campaign, and their support of our program. Now that STRIVE owns the building, renovations will begin later this year to the first floor apartment to make the unit fully handicap accessible. This work will be completed by the time that the STRIVE U Class of 2013 enters the program in July 2011! Thank you to the many donors who have contributed to the Capital Campaign—your contributions certainly make a significant difference!

STRIVE Legacy Program



Introducing the STRIVE Legacy Program Leave A Gift. Leave A Legacy.

STRIVE would like to introduce it's newest venture in fundraising as well as sustainability. What better way to give to STRIVE than to plan ahead and incorporate STRIVE into your planned giving. We understand that times are economically difficult for many people these days. That is why STRIVE has started a "Legacy Program" and would be happy to discuss how to write in our organization into your planned giving account.

For more information on STRIVE's Legacy Program please contact Peter Brown at (207) 774-6278 or pbrown@pslservices.org

STRIVE NEWS

Dance Marathon Planning Committee

What do you want to see at this year's Dance Marathon? Help us make this DM bigger and better than ever!

DM Planning Committee is a great way to get your ideas heard!

Meetings are open to high school and college students, parents, business owners, and anyone interested in making the 7th Annual Dance Marathon ROCK!

All meetings will take place Tuesdays 3:30 at STRIVE

February 1: Phone-a-thon

February 15: Finalize Theme Hours

February 22: Finalize Song Lists

March 1: Fold T-shirts & Stuff Bags

Three Points for STRIVE Update

It is not too late to pledge through the "3 Points for STRIVE" campaign with the Maine Red Claws! For each three pointer hit during this season your donation will go to benefit STRIVE!

To download a pledge card visit: www.pslstrive.org

TOTAL 3 Pointers to Date: 122

STRIVE is honored to be working with the following supporters



Next STEP Update

The Next Step Program has started semester two. The Monday/Wednesday/Friday Independent Living Skills class has been working on the importance of personal appearance, how to keep their bodies healthy, and they are starting a new unit on Nutrition. Teddi Reed, a Nutrition Associate at Eat Well Nutrition Education Program for Cumberland County, is going to review healthy eating habits, but will be focusing on how to prepare healthy meals.

Tuesday/Thursday class is Everyday Math. Students in this class have started out learning addition, subtraction, and money math. Each student has the opportunity to have one on one assistance when needed.

Another great piece of Next STEP is that we will be volunteering at Book Works four days a week. Students will have the opportunity to work on their customer service skills, math skills, and employment readiness skills. Students will be at Book Works on Monday 2-3pm, Tuesday 2-3pm, Wednesday 2-3pm, and Thursday 2-3pm.

*Please visit www.pslstrive.org to obtain more information, a fact sheet and the application.
If you have any questions please contact Meghan Sawicki at msawicki@pslservices.org or 207-774-6278 ext 211.*

WINTER WEATHER STORM CLOSING:

In the event of inclement weather conditions please know that STRIVE will post closings on the following:

Facebook: www.facebook.com/STRIVENation Website: www.pslstrive.org

And on local news channels: WMTW, WCSH & WGME

Feel free to call the office if you are unsure of a closing.

Volunteer News

Thank you STRIVE Supporters!

Thank you to everyone who donated to STRIVE in January
We appreciate your generous support.

Robert Junkins
Eliot and Melanie Cutler
The TJX Foundation
Martin's Point Health Care
Anthem Blue Cross
Unum
The Vaughan Family
MEMIC
John Sokolich of Maine Web FX
Gary Roberts of Winter Wren Recreational & Guide Service
Robert Welling

TWEEN Friday Afternoon Socials

Are you between the ages of 11 and 14?
Are you looking to make some new friends?!

Then join us every Friday afternoon from
3:30 to 5:30 at the STRIVE Center!

February's Calendar of Events:

February 4: *Good Dogz Presentation*

February 11: *Valentine's Dance*

February 18: *Homerun Derby with Slugger the Seadog*

February 25: *Make Paper*



Easy Ways to Help Support STRIVE!



Follow Us on Facebook

Daily Updates
STRIVE Pictures

To stay connected visit:
facebook.com/STRIVENation



Can Redemption Program

Get a Green Bag at STRIVE &
drop off your cans at a
Hannaford Grocery Store.
The deposits will go to STRIVE!
Every 5 cents counts!



*There's no reason not to.
You search... We give!*

Change your Search Engine

Change your search Engine to
GoodSearch and pick STRIVE
as your charity!

For each search you do, 1¢ is
donated to STRIVE!

BookWorks!

**BOOK BAG
GRAB BAG**
Cost: \$10

Buy Books!

Are you interested in specific
genres of books?!

Support BookWorks by
ordering a Book Bag Grab
Bag of your favorite variety.
\$10

STRIVE WISH LIST

General Office Supplies	Frozen Pizzas
xBox 360 and/or Wii video games	Paper Cutter
Sports Equipment	Storage Shed
Volunteers to work shifts at Bookworks!	Craft Supplies
Painting Paper/Watercolor Paper	Markers
	Scissors

BookWorks! Open Shifts

BookWorks! is run completely through the help of volunteers! We're always looking for eager volunteers to help run the used bookstore. Come once, or come weekly!

Shifts Available:

Mondays:	3-4pm
Tuesdays:	10am-12pm & 3-5pm
Wednesdays:	10am-2pm & 3-5pm biweekly
Thursdays:	11am-12pm & 4-6
Fridays:	10am-12:30pm, 1:30pm-3pm & 4-5pm
Saturdays:	10am—2pm

To sign up or to learn more please contact Kristina Smalley
At 207-774-6278 or ksmalley@pslstrive.org



**Theme Night:
February 11, 2011
Valentine's
Dance!**

**Join STRIVE for the
"Valentine's Dance"**

**Decorate Valentine's Cards
Cake Walk
Crowning of the King & Queen
Flower Sale
Dancing, Snacks & Tons of Fun!**

**This is an opportunity to wear something a little more formal—
if you would like!**



**Member
Spot Light:
Ralph Hynes!**

Favorite Food: Steak & Chicken

Favorite Movie: The Titanic

Any Siblings? 2 Brothers

If you could have one holiday every day, what would it be? Christmas

Coollest thing you've done at STRIVE: Dancing

If you could choose an actor to star in your life story, who would it be? Paulina

Favorite song right now: "I Feel Like a Woman" S. Twain

If you could go anywhere for Spring Break where would you go & why? Florida— its warmer!

Favorite thing to do during the winter months: Skiing

What are you excited for in 2011?: Everything



FEBRUARY BIRTHDAYS



Adam Clark	February 4
Thomas Brown	February 5
Scott Johnstone	February 5
Cody Wood	February 5
Michael Lewis	February 7
Christopher Pritchard	February 8
Brittany Williams	February 11
Joshua Canning	February 13
Joshua Monk	February 14
Nick Vaughan	February 15
Lindsay Fectea	February 16
Matthew Brown	February 17

Brian Prentice	February 18
Danielle Brown	February 19
Ron Jordan	February 20
Kelly Frankl	February 20
Amy Lane	February 20
Brain Burnham	February 20
Emma Campbell	February 24
Nathaniel DiBiase	February 26
Cody O'Brion	February 27
Harrison Snyder	February 28
Tricia Penney	February 28

HAPPY BIRTHDAY FROM STRIVE!

Members' Page

Aktion Club Update



Aktion Club has set its 2011 calendar and will include a variety of volunteer projects throughout the year! If you would like to get involved with Aktion Club please contact Kristina Smalley at 774-6278.

Aktion Club will be selling Flowers and Candy to those interested on February 11th at the STRIVE Center. They make a perfect Valentine's Gift!



Monday Night Wellness Series



*Art Class
January 3-March 14
Mondays 5:30-7:00*

Start the year off with a hands-on class to get your creative juices flowing! From beading to painting, students will learn to express themselves through a variety of art forms in classes presented by local guest artists

Questions? Contact Kate Reingold at 774-6278 ext. 216 or kreingold@pslservices.org

February Events

February 1st– STRIVE U Applications DUE!

February 3rd– Friendly's Dinner

Advisory Board Meeting:
February 4 & 18 from 5:00– 5:45pm

Aktion Club:
February 2 & 16 from 3:30-4:00pm

Monday Night Wellness Series:
January 3 - March 14 from 5:30—7:00pm

Theme Night: Valentine's Dance!
February 11 - from 6:00-9:00pm

Dance Marathon Planning Committee:
February 1 & 15

STRIVE is CLOSED:
Monday, February 21

February Camp:
February 22– 25

Upcoming Events

STRIVE ROCKS! Dance Marathon
March 5 & 6th

Wednesday Night Educational Class:
Money Management– March 2- April 20

"Italian Fiesta" at Anthony's Italian Kitchen
March 12, 19 & 26

Anthony's Italian Kitchen– Dinner Theater



Italian Fiesta

March 12, 19 & 26



Anthony's Dinner Theater is graciously donating 10% of all proceeds to benefit STRIVE!

Buy your tickets now

Ticket Price is \$39.95 per person and includes a 5 course Italian Dinner as well as the Musical Entertainment!

To Purchase Tickets please call the Anthony's Broadway Line at 207-221-2267

STRIVE PICTURES



TWEENS Friday Social
 "Flash Back" Theme Night!



Do you have pictures that
 you would like to share
 with us?
 If so please send them to
info@pslstrive.org



Don't forget the Valentine's Dance on February 11!
 Emma C. is already preparing



Flash Back Night!
 Kristina, Caitlin & Kate

Gary from the Winter Wren Guide Services
 giving a presentation to the
 Tweens Program on Maine Wildlife





STRIVE
28 Foden Road
South Portland, ME 04106

Phone: 207-774-6278

Fax: 207-774-7695

Email: info@pslstrive.org

*Serving tweens, teens and
young adults with
developmental disabilities*

www.facebook.com/strivenation

**Visit our website:
www.pslstrive.org**

- Sign up for the STRIVE e-mail list
- Latest news
- Upcoming events
- View past newsletters

Has your address or phone
number changed?

*Email us at
info@pslstrive.org*

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STRIVE U Staff

Mara Sullivan:

STRIVE U Transitions Coordinator
msullivan@pslservices.org

Erin Berg:

STRIVE U Admissions Coordinator
eberg@pslservices.org

Katie Collins:

Student Life Coordinator
kcollins@pslservices.org

Liz Guillerault

Education & Training Coordinator
eclark@pslservices.org

Mary Ann Schwanda

Employment Coordinator
mschwanda@pslservices.org

STRIVE Staff

Michael Faust:

PSL Services Executive Director
mfaust@pslservices.org

Peter Brown:

STRIVE & STRIVE U Program Director
pbrown@pslservices.org

Kristina Smalley:

STRIVE Program Manager
ksmalley@pslservices.org

Kate Reingold:

Special Projects Coordinator
kreingold@pslservices.org

Meghan Sawicki:

Next STEP Coordinator
msawicki@pslservices.org