



www.pslstrive.org

STRIVE Newsletter

VOLUME 14 ISSUE 8

AUGUST 2014

STRIVE FOR 5 FODEN ROAD 5K

September 6th 2014 @ 8am

Communities are stronger when everyone is involved.

Please join us on Saturday, September 6th for a morning filled with fun for everyone! Starting at 8am, STRIVE will be hosting a 5K race/ walk that will begin at STRIVE and go into Texas Instruments Campus then out to Jetport Plaza road– circling back through to end at Kaplan.

To register for the race please visit www.pslstrive.org
Entry Fee is \$25 in advance. \$30 on race day, Kids 12 and under are free.

Immediately following the 5K– all are welcome to join in the free neighborhood block party 9-11am! This is a family friendly event that will include fun for all at Kaplan!
Moon bounce, Free Flu Shots, Frozen Yogurt, Free Swag & more!
We hope you consider joining the Foden Road Neighborhood at this event!



For more information: Contact Heather at hguglielmo@pslservices.org or 207-774-6278.
Sign up here: <https://runsignup.com/Race/ME/SouthPortland/>

Kevin Fitzpatrick is Going Back on The Roof!



Kevin Fitzpatrick from UPS is going back on the roof of Jimmy The Greek's and he's not coming down until he reaches a minimum of \$15,000 for the 15th Anniversary of STRIVE! He'll also be collecting 5K race registrations

When: Friday August 22nd

Where: Jimmy The Greek's , South Portland (by The Maine Mall)

You could win a \$500 Cabela's Gift Card & Many More Raffle Prizes!



****Log on 24hrs to see the KevinCam!**
More Info: www.pslstrive.org 207-774-6278**

Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

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STRIVE NEWS

Summertime in Next STEP!

Things are heating up this summer in Next STEP. The group has taken full advantage of the beautiful Maine summer weather and spent as much time as possible outside, exploring the community and having fun. In addition to our regular activities such as budgeting, menu planning, food lab, wellness, classes at the MOG (Medically Oriented Gym) and volunteering, the participants have had many outdoor adventures. To mention a few activities, we have done a scavenger hunt at Willard Beach, gone to a Sea Dogs game, taken the Metro and explored downtown Portland, and had many exciting games of basketball outside our STRIVE Center.



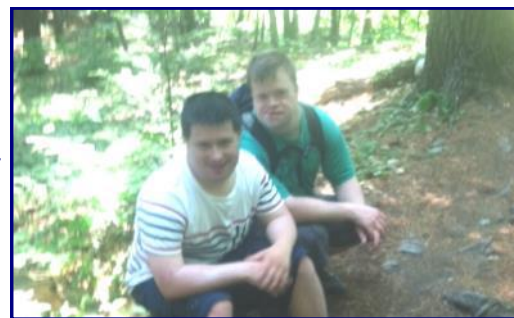
Our staff continuously develops curriculum and activities for the Next STEP program to further develop independent living skills and offer wellness, recreation and social experiences. Some of the upcoming activities include: research about Peak's Island and then navigating a trip there, add another volunteer experience, research and discuss current events, exploring local businesses and much more.

Next STEP has openings for the fall! Please contact Betsy Morrison at 207-774-6278 or bmorrison@pslservices.org with questions or to schedule a tour. We have full and part-time opportunities available. Next STEP is a great option for those who are on a waiting list for services or may not qualify for other services.

STRIVE Bayside Update

We have been busy here at Bayside this month! We switched up our schedule to allow more time to focus on individual goals and to dig deeper into the goals we work on daily. This month, we focused on Community Safety and Navigation Skills. We had a great time polishing our skills. We even put them to the test with a Scavenger Hunt in Downtown Portland! Look for pictures of all the fun on Facebook!

STRIVE Bayside is a program for those hoping to learn independent living skills such as cooking, cleaning, navigating the community, budgeting and more. Though our group is growing, we still have space for more! Our afternoon group (1-5pm) is still accepting participants! And remember, it is not too early to apply to begin in the fall! For more information or to schedule a tour, contact Katelynn Davis at 207-899-1725 or kdavis@pslservices.org or Betsy Morrison at 207-774-6278 or bmorrison@pslservices.org.



Get Involved!

Volunteers Needed!		
<p>STRIVE for 5 Foden Road 5K & Block Party September 6th 2014</p> <p>Time: Varying 5am– 12pm Jobs: Course Set Up, Registration, Water stops, Flaggers, Clean Up Crew & more</p> <p>Please contact Heather at hguglielmo@pslservices.org</p>	<p>STRIVE's 10th Annual Auction November 5th 2014</p> <p>Time: Varying (Event Start at 6pm) Jobs: Set up, Registration, Runners & more</p> <hr/> <p>STRIVE's 15th Anniversary Committee Meetings coming soon! STRIVE's 15th Anniversary Party is set for January 24th 2015 Please contact Heather</p>	<p>Tweens & STRIVE Nights Every Friday Tweens: 3:30-5:30pm STRIVE Night: 6pm-9pm</p> <p>Please contact Heather at hguglielmo@pslservices.org</p>

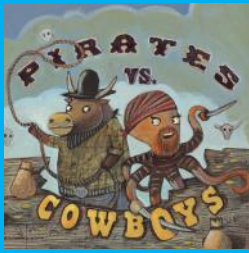
Thank You to Our July Supporters!

Fern & Susan Masse
 Robert Junkins
 Gregory & Lorraine Cyr
 Cynthia & Lawrence Vaughan

Thanks for your support! STRIVE relies on contributions like yours!

Questions, Comments, or Concerns – Contact Our Staff!

<p>Michael Faust PSL Services Executive Director mfaust@pslservices.org</p> <p>Peter Brown STRIVE & STRIVE U Program Director pbrown@pslservices.org</p> <p>Heather Guglielmo STRIVE Program Manager hguglielmo@pslservices.org</p> <p>Jenny Castiglione STRIVE Special Projects Coordinator jcastiglione@pslservices.org</p> <p>Betsy Morrison STRIVE U and Next STEP Program Manager bmorrison@pslservices.org</p> <p>Katelynn Davis STRIVE Bayside Coordinator kdavis@pslservices.org</p>	<p>Bill Hughes STRIVE/STRIVE U Programs bhughes@pslservices.org</p> <p>Sarah Thurston STRIVE U Transition Coordinator sthurston@pslservices.org</p> <p>Erin Berg STRIVE U Admissions Coordinator eberg@pslservices.org</p> <p>Katie Collins STRIVE U Student Life Coordinator kcollins@pslservices.org</p> <p>MaryAnn Schwanda STRIVE U Employment Coordinator mschwanda@pslservices.org</p> <p>Katie Church STRIVE U Education & Training Coordinator kchurch@pslservices.org</p>
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Western or Pirate

August's Theme Night:

Western or Pirate!

Join STRIVE on August 22nd to celebrate summer!

Wear Western or Pirate Costumes! Contests, Friends, and FUN!

Tweens: 3:30-5:30pm

STRIVE Night: 6:00-9:00pm

Prizes, Snacks & Tons of Fun!

STRIVE Member Spotlight:

Cory Reynolds



How old are you? 18

Favorite Movie? High School Musical 2

Favorite Color? Green & Blue

Favorite Holiday? Christmas & Thanksgiving

Coolest Activity at STRIVE This year?

STRIVE Night

Dream Job? Ed Tech –OR President Of The USA

Talents? Basketball, helping people, singing & coloring



August Birthdays



- Samantha Davison
- Thatcher Kent
- Kelsie O'Sullivan
- Anthony Giftos
- Haley Pass
- Brandon McKenna
- Lucas Bonica
- Yasmine BenMalek
- Kyle Huot
- Avery Flynn
- Rebecca Peasley



Wednesday Night Classes



October 1st —October 29th

Wednesday Night Education Class 6:00-8:00pm

Intro to Computers

Do your computer skills need some tuning? From Microsoft, Excel, Searching the web, Social Media and more.

FMI contact: Jenny at JCastiglione@pslservices.org or call 207-774-6278

TWEENS Schedule of Events

Are you between the ages of 11 and 14? Are you looking to make new friends?
Then join us every Friday afternoon from 3:30 to 5:30pm at the STRIVE Center!
Cost is \$10 - See you on Friday!

August 1st- Movie Day

August 8th- UNUM

August 15th- Red Cross

August 22nd- Western & Pirate Theme & Classes with Carol

August 29th- Zumba with Jenn

Feel free to contact Heather at STRIVE at 207-774-6278 or email at hguglielmo@pslservices.org with any questions about our Tweens Program!

August Camp!



Open Sessions in August!

Week of August 11th: Art & Soul
Week of August 18th: Island Week
Week of August 25th: Trail Times!

Camp is \$45/day or \$200/week
Don't miss another field trip!

Please contact Heather hguglielmo@pslservices.org
207-774-6278

Camp Calendar: www.pslstrive.org/camp

Upcoming Meetings & Events

Kiwanis Aktion Club

August 6th & 20th
3:30pm

Member Advisory Board Meeting

August 8th & August 22nd
5:30pm

STRIVE Couch-to-5K Info Sessions & Group Runs

August: 5th, 12th, 19th, 22nd & Sept 2nd
5:30pm @ STRIVE

Kevin Fitzpatrick Rooftop 5K Event

August 22nd
By Noon

STRIVE For 5: Foden 5K & Block Party

Sept 6th
8am-11am

STRIVE Post-Secondary Weekend

Oct 3rd-Oct 5th: Camp Tall Pines

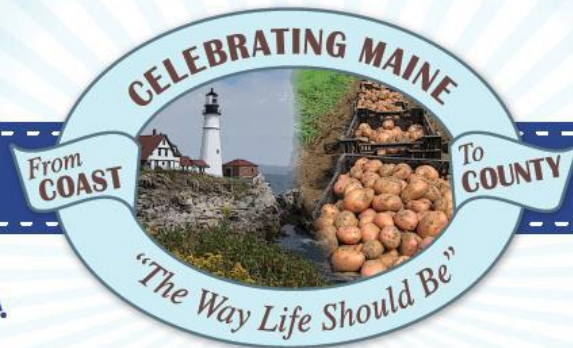
STRIVE's 10th Annual Auction

Theme: From the Coast to the County
Nov 5th: Ocean Gateway

STRIVE 15th Anniversary

Jan 24th 2015

Save the Date!



Save the Date!

10th Annual LIVE & SILENT AUCTION

Wednesday, November 5th, 2014
6 pm at Ocean Gateway
"Celebrating Maine,"
to benefit STRIVE



~Invitations to Follow~



STRIVE
28 Foden Road | South Portland ME 04106

We look forward to seeing you at the
10th Annual Live & Silent Auction to
benefit STRIVE. The event will be held on
Portland's waterfront.

For more information or to purchase tickets to
this year's auction, please call our
office at 207-774-6278 or
email auction@pslstrive.org

* For the complete list of auction items, please visit
www.pslstrive.org

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2014 Wednesday Night Educational Class Schedule

July 9th-Sept 17th: Healthy Relationships: Series taught by SARSSM about healthy relationships, the theme is, "it's my body, my choice" which drives home that students are the boss of their bodies and their space. Covering a range of topics including: sexuality, puberty, anatomy, reproduction, birth control methods, safer sex, communication skills, healthy flirting and sexual harassment, sexual abuse and assault, healthy relationships, dating violence, consent, and sexual feelings. We are hopeful that parents/guardians/caregivers will reinforce the lessons learned in class at home.



October 1st –October 29th: Into to Computers: Do your computer skills need some tuning? From Microsoft, Excel, Searching the web, Social Media and more.

November 12th-November 19th: Public Safety: Mini Series on Public Safety and their will be speakers from the local police department to talk about being aware in public, internet safety, and more.

November 26th-December 17th: Money Management: This series will give students the opportunity to learn about money, money management, checking & savings accounts, and balancing check books.

Classes held Wednesday Evenings 6-8pm

Email or call Heather to sign up or with questions:

hguglielmo@ppls-services.org 207-774-6278

Experience Weekend!

We hope you will join us for the STRIVE Post-Secondary Experience Weekend this fall.



The weekend-long seminar will be held October 3rd – 5th at Camp Tall Pines in Poland, Maine. You will have the opportunity to learn more about our STRIVE U, Next STEP, Bayside programs.

Participants will stay in furnished cabins, complete with electricity and hot water. The event is staffed by STRIVE employees.

The cost is \$199

Please contact Erin Berg at 207-774-6278 or eberg@ppls-services.org for more information.

STRIVE Pictures



Bayside loves Hiking!



Next STEP is ready for the STRIVE 5K Sept 6th!

South Portland Fire Fighters Visit Tweens



South Portland Fire Department & Tweens!



Portland Children's Museum Turtle Exhibit visits Tweens!



World Ocean School came to visit STRIVE Camp & we taught them the STRIVE Rocks Dance Marathon Timber dance!



STRIVE Camp checks out Portland Headlight!

If you have photos that you would like to contribute and see in the STRIVE monthly newsletter or on the STRIVE Facebook page, please email them to Heather at hguglielmo@pslservices.org.



STRIVE
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South Portland, ME 04106

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Email: info@pslstrive.org

*Serving tweens, teens and young
adults with developmental disabilities*

www.facebook.com/strivenation

Twitter: @STRIVE_PSL

Instagram: STRIVE_PSL

Pinterest: STRIVEPSL

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Great News!



**Thanks to our neighbors UPS
for working with us for a very
successful Mother's Day Rose
Sale Fundraiser!**

**On August 3rd STRIVE was
presented with a check for
\$2,317.57 at their United Way
Kickoff Event!**

**Thanks so much to UPS for
your continued support &
dedication to STRIVE!**