



www.pslstrive.org

# STRIVE Newsletter

VOLUME 11 ISSUE 8

AUGUST 2011

## Mission Statement

To assist tweens, teens and young adults with intellectual and emotional disabilities in utilizing resources within their community so they can participate as viable members of the community.

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## STRIVE U Open House: September 10th!

### Come and learn more about STRIVE U!

Join us on Saturday, September 10<sup>th</sup> from 10am-2pm at 7,11 and 12 Nye Street in Portland. Take a campus tour, meet our staff and students. Applications for the STRIVE U Class of 2014 will be available. For more info: contact Erin Berg at [eberg@pslservices.org](mailto:eberg@pslservices.org) or 774-6278.



## Sign Up For Next STEP



# Next STEP

STRIVE'S TRANSITIONAL EDUCATION PROGRAM

**The Next STEP Program is a private pay Transitioning Educational Program -** focusing on additional educational opportunities and social, recreation and personal wellness.

Next STEP is accepting applications for the fall semester! If you would like more information on how you or your student could benefit from this unique program please contact the STRIVE Offices. The Next STEP program runs daily Monday through Friday from 9am to 5pm. Students have the option to participate at a full time or part time schedule. Each day is comprised of educational classes, as well as a focus on social, recreational and wellness activities. Sample topics include: money management, independent life skills, nutrition, transportation, personal safety and have incorporated a variety of transferable skills through each class.

Please contact the STRIVE Offices if you would like us to work with your student and personalize a schedule!

**Fall Term begins:**  
September 6<sup>th</sup>

If you are interested in this summer session, spaces are still available.

*Please visit [www.pslstrive.org](http://www.pslstrive.org) to obtain more information, a fact sheet and the application. If you have any questions or would like to schedule a visit please contact Kristina at the STRIVE office at 207-774-6278 or [ksmalley@pslservices.org](mailto:ksmalley@pslservices.org)*

# STRIVE NEWS

## STRIVE U News



### 3<sup>rd</sup> Annual STRIVE U Experience

Are you thinking about applying to STRIVE U? Want to learn more about the program? Pack up your stuff and join us at the 3<sup>rd</sup> Annual STRIVE U Experience.

When: September 30<sup>th</sup>-October 2<sup>nd</sup>  
Where: Camp Tall Pines in Poland, Maine  
Cost: \$285.00 (includes everything!)

Applications are now available.  
Applicants will be accepted on a first come first served basis, subject to program eligibility.

For more information, please contact Erin Berg at 207-774-6278 or [eberg@pslservices.org](mailto:eberg@pslservices.org)

## TWEEN Friday Afternoon Socials

Are you between the ages of 11 and 14?  
Are you looking to make some new friends?!  
Then join us every Friday afternoon from 3:30 to 5:30 at the STRIVE Center!  
*\*\*Tweens Runs YEAR-Round\*\**

### Augusts' Calendar of Events:

- August 5: Beat-the-Heat Movie Day!
- August 12: Self-Defense lesson with Prevention.Action.Change
- August 19: Sports Theme Night—Wear gear for your favorite team!
- August 26: Back to School Art Project



## L.L.Bean Hosts STRIVE U Student



Focused on the task at hand, Kelsie O'Sullivan meticulously pastes stickers onto catalogs as part of her temporary assignment at L.L.Bean. Since April, Kelsie has been on loan from STRIVE U to work in Corporate Mail and Reprographics.

STRIVE U approached L.L.Bean three years ago to participate in its employment program. After coordinating a job match, Corporate Mail and Reprographics hosted a STRIVE U student for the first time last year.

Kelsie first started with smaller tasks, such as stickering or stuffing, but over time, she has moved on to bigger projects as well, including assembling 300 rehire packets for Retail.

"Kelsie is a very hard worker," notes Mary Sleeper, Supervisor of Corporate Mail. "She has a great attention to detail and catches on very quickly—she only has to do a job once before she gets it. She's also really fun to have as part of our team. She loves to tease her co-workers." Kelsie agreed, saying that her favorite part of the job is interacting with the staff.

When she graduates from STRIVE U next year, Kelsie is looking forward to starting a new venture. She will work with one of her former teachers at Simply Divine Brownies, where she will help bake and decorate the treats.

# STRIVE NEWS

## Calling All Summer Campers! Sign up for August!



**June 20 - August 26**

Make sure you sign up today! Contact Kristina Smalley at 207-774-6278

Camp runs daily from 9am to 5pm - early drop off and late pick up options are available.

Camp is \$45 per day of \$200 for the week!

August	Mon	Tue	Wed	Thu	Fri
<b>Creative Cooking</b>	1 Make Your Own Pizza & Cookbook (Bring a recipe to share!)	2 Tour Urban Farm Fementory	3 Portland's Farmers Market & Market House Make your own Bread	4 Sammie Hayes Concert & Picnic in the Park	5 Freeport Food Tour Wilburs, ISMAX & Pig's Fly
<b>Maine Made</b>	8 The Myth behind the Dessert of Maine	9 Light House Tour! Fort Williams, Two Lights & Bug (Wear Red!)	10 Tour of Village Candle In Topsham	11 Tour of Tom's Of Maine	12 Lucky Catch Lobstering (Wear a local shirt)
<b>Mad Science</b>	15 Nature Trail and Outdoor Science Experiments (Dress in Camo for a Prize!)	16 Weather Day	17 Space Day JSM Southworth Planetarium	18 Kitchen Science Experiments	19 Gulf Of Maine Research Day
<b>Sports Fan</b>	22 Make a Tye Dye And Kickball at Payson Park	23 Celtic's Pride Basketball Game at Deering Oaks	24 Red Sox Pride Sea Dogs Game At Noon!	25 Soccer Game at Fort Williams (Wear a whistle and get a prize!)	26 <b>Last Day of Camp STRIVE</b> BBQ & Games

## Futures At Fenway STRIVE Bus Trip!

# FUTURES AT FENWAY

## August 20, 2011



**Who Doesn't Love Baseball? Who wants to go to Fenway Park in Boston on a Charter Bus!**  
**\$40 per person gets you the VIP Treatment!**

Leaving from STRIVE at 9am and returning at 9pm on a VIP Bus Plus Entrance to both the Portland Seadogs & Pawtucket Red Sox Games

**DON'T DELAY!**  
**Order your Tickets TODAY! Before the bus sells out!**  
**Call STRIVE at: 207- 774-6278**

# Volunteer News

## Thank you STRIVE Supporters!

Thank you to those who donated to STRIVE in August!  
We appreciate your generous support.

Irene Coleman

David and Susan Cyr

Robert Junkins

Cynthia and Larry Vaughan

## Monday Wellness Volunteers Needed!

STRIVE is looking for volunteers to help out in the kitchen for our next Monday Wellness series, Iron Chef STRIVE. The series runs from October 3rd–December 12th, every Monday from 5:30-7pm. Come share your skills with our STRIVE members!

Contact Kate at 774-6278 or krein-gold@pslservices.org.



## Easy Ways to Help Support STRIVE!

**Follow Us on Facebook**  
Daily Updates  
STRIVE Pictures

To stay connected visit:  
[facebook.com/STRIVENation](https://facebook.com/STRIVENation)



**Can Redemption Program**  
Get a Green Bag at STRIVE & drop off your cans at a Hannaford Grocery Store. The deposits will go to STRIVE! Every 5 cents counts!

*There's no reason not to. You search... We give!*

**Change your Search Engine**  
Change your search Engine to GoodSearch and pick STRIVE as your charity!

For each search you do, 1¢ is donated to STRIVE!

**Donate to the Wish List**

- Frozen Pizzas
- Office Supplies
- Video Games
- Sports Equipment
- Markers, Scissors, Paper Cutter

## Call for Auction Items!

**STRIVE's 7th Annual Live and Silent Auction is happening on October 5th at Ocean Gateway and we are looking for auction items! Please let us know if you have anything you'd like to give or any ideas you may have. Here are a few suggestions:**

- Gift certificates to a restaurant, shop or a favorite spot
- Company sports tickets
- Gift baskets
- Collectibles
- Donation of a service (lawn care, house cleaning, painting, etc.)
- Sporting equipment or outdoors gear

## STRIVE Legacy Program



**Introducing the STRIVE Legacy Program**  
**Leave A Gift. Leave A Legacy.**

STRIVE would like to introduce it's newest venture in fundraising as well as sustainability. What better way to give to STRIVE than to plan ahead and incorporate STRIVE into your planned giving. We understand that times are economically difficult for many people these days. That is why STRIVE has started a "Legacy Program" and would be happy to discuss how to write in our organization into your planned giving account.

For more information on STRIVE's Legacy Program please contact Peter Brown at (207) 774-6278 or [pbrown@pslservices.org](mailto:pbrown@pslservices.org)



**JOIN STRIVE FOR SPORTS NIGHT  
ON AUGUST 19TH!**



**Team shirts get a  
prize!  
Pizza & BBQ!  
Games!  
Crazy Fun!**



**Member Spot Light:  
Jimmy Makowiecki**

**How old are you?** 20

**What is your favorite Movie:**  
Toy Story

**If every day could be one holiday, what holiday would it be?** Thanksgiving!

**Coollest thing you've done at STRIVE:** Went to the Maine Wildlife Park with Camp STRIVE

**If you could choose an actor to star in your life story, who would it be?** Ben Affleck

**Favorite song right now:** Sexy Back by Justin Timberlake

**What is something you are really good at doing?**  
Puzzles

**What is your dream job?:** Working at a golf course

## AUGUST BIRTHDAYS

Kevin Mooney	August 1st
Alan Riley	August 2nd
Kyle Huot	August 3rd
Tabitha Appleby	August 4th
Lindsey York	August 4th
TJ Couture	August 6th
Rebecca Peasley	August 7th
Billy Broomoll	August 9th
Matthew Gould	August 12th
Patrick Thibodeau	August 12th
Kristine Howes	August 13th
Samantha Davison	August 13th
Kelsie O'Sullivan	August 16th
Jesse Joy	August 17th

Cassandra Mattia	August 17th
Jamie Wood	August 19th
Jeff Goranites	August 20th
Mariya Roberts Hall	August 20th
Jessenia Vazquez	August 20th
Sheena Patel	August 25th
Julie Jerrman	August 26th
Paul Sandburg	August 29th
Ryan Taylor	August 29th
Tina Stevens	August 30th
Nicholas Drake	August 30th
Sophie Rioux	August 31st
Avery Flynn	August 31st

**HAPPY BIRTHDAY FROM STRIVE!**

# Members' Page

## Aktion Club: Sending Cards to our Armed Forces



*Aktion Club has set its 2011 calendar and will include a variety of volunteer projects throughout the year! If you would like to get involved with Aktion Club please contact Kristina Smalley at 207-774-6278.*

**In August, the Aktion Club will be hosting a BBQ for August 19th STRIVE Night from 5-6pm. Come join us for food and fun!**

### Wednesday Night Educational Series



This popular class series is back! Mark your calendars for this end-of-summer series on dating safety and healthy relationships presented by Sexual Assault Response Services of Maine.

To register, contact Kate at 207-774-6278 or [kreingold@pslservices.org](mailto:kreingold@pslservices.org).

**August 31 - November 2**      **Wednesdays 6-8pm**

**Parents and Case Managers:** Please consider attending an informational meeting to determine if this class is appropriate for your student, client or child. Friday, August 26th, 6pm at STRIVE (28 Foden Road, South Portland).

### August Meetings & Events

**Advisory Board Meeting:**  
August 18th from 5:00– 5:45pm

**Aktion Club:**  
August 3rd, 17th and 31st from 3:30-4:00pm

**Wednesday Night Educational Class:**  
Healthy Relationships  
August 31– November 2- from 6:00-8:00pm

**STRIVE Theme Night: Sports Night!**  
August 19th - from 6:00-9:00pm

**Futures at Fenway Bus Trip**  
August 20

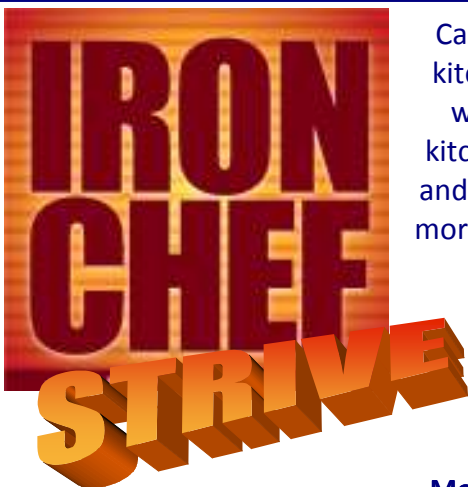
**STRIVE U Open House**  
September 10th

**STRIVE U Experience**  
September 30– Oct. 2nd

**7th Annual Live & Silent Auction**  
October 5th at 6:00PM  
Ocean Gateway, Portland  
Please save the date! If you know of someone who would like to donate an item to the auction please contact 207-774-6278.

**Eric's Pizza Express Open Monday—Friday!**  
You can find Eric and some delicious pizza on Commercial Street near Casco Bay Lines!

### Monday Night Wellness Class



Calling all chefs to the kitchen! We'll start off with the basics, like kitchen and food safety and healthy eating, then more into the kitchen for some delicious competitions!

**October 3<sup>rd</sup>–  
December 12<sup>th</sup>**  
**Mondays, 5:30-7:00pm**

# STRIVE PICTURES



Camp STRIVE at the beach



Enjoying a day with Next Step



STRIVE U 2011 Graduates



Camp STRIVE at Summit Adventures and Next Step in Portland



Busting a move with Traca in Journey Dance





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[Twitter.com@pslstrive](https://twitter.com/pslstrive)

**Visit our website:  
[www.pslstrive.org](http://www.pslstrive.org)**

- Sign up for the STRIVE e-mail list
- Latest news
- Upcoming events
- View past newsletters

Did you Know...

STRIVE sends out a monthly  
electronic newsletter!

*Sign up online  
to make sure you are up to date!*

**STRIVE U Staff**

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